



## Listen, Share, and Play Fair

Young children are just beginning to learn to socialize with others. Being able to name and actively demonstrate social awareness skills will help them show respect, work cooperatively with others, and form positive friendships and other relationships.

Here are three key skills children can learn to help them get along with others:

1. **LISTEN** Look at and pay attention to what the speaker is saying.
2. **SHARE** Sharing means letting others use materials and playthings. It also means taking turns and including others.
3. **PLAY FAIR** Playing fair means everyone follows the rules of the game.

*Respect means being fair and thoughtful about the needs, beliefs, and feelings of others.*

Listening, sharing, and playing fair make cooperative activities fun for everyone.

## Building Your Child's Social and Emotional Competence

Social awareness is a social and emotional learning competency that helps children increase their ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. Social awareness skills include: perspective-taking, empathy, appreciating diversity, and respect for others. These activities help children build social awareness and cooperation skills.

### Explore Situations!

Have your child think of situations in which Listen, Share, and Play Fair could help them. Encourage them to come up with situations that are not games. To help them, encourage them to think more broadly about the definitions of Listen, Share, and Play Fair.

### Keep Track!

Have your child keep a running tally of the number of times they see family members using one or more of the Listen, Share, or Play Fair skills.

Many children are experiencing feelings of uncertainty, anxiety, and fear due to the onset of COVID-19. They need a chance to share their thoughts and feelings and ask questions. Make sure you are accurately informed and ready to educate your child knowing the information is evolving all the time. Get information from: The Centers for Disease Control (CDC) at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

