3.7 Reflecting

Reflect on what you've learned about using ASK in this lesson.



What is negative peer pressure? What are the three parts of using ASK?

Which step of ASK do you think can help you decide whether an activity is going to lead to trouble? Why do you think the questions that help determine if a situation will lead to trouble are important in using ASK?



NOW WHAT?

How do you think you can use ASK to help you respond to negative peer pressure? How do you think you can use ASK with friends and classmates?

Lesson 7 **43**

Imagine that a classmate has asked you to go to a friend's party this weekend. You know the friend's parents are not going to be home and that your own family members would not approve.

Write three questions you would ask yourself about the activity. What are some questions you would ask the person pressuring you?

What would you say to stand up for yourself in this situation?

What positive options would you suggest instead?

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