

# 3.6 Practicing

Use an inkpad to create five or six thumbprints in the blank space below. Then label each thumbprint with an emotion word and use colored pencils to add faces that reflect the emotions.


Think about a situation that might trigger these emotions. Be prepared to share a situation with the class.

# Reflecting

Reflect on what you've learned about identifying and naming emotions in this lesson.

**What?**

What does the word *emotions* mean?

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What did you learn about emotions? Why do you think different people experience different emotions in different situations?

**So  
What?**

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**Now  
What?**

Why do you think it is important to be able to identify and name emotions in yourself? In other people?

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# Applying

Listen to a partner tell about a situation that triggered an emotion. Create a “thumbprint” story depicting the situation your partner experienced.

My partner’s situation triggered this emotion: \_\_\_\_\_

