



FAMILY MEMBERS READ THIS:

Your child is learning about giving and receiving compliments. Following the discussion prompts, ask your child to share different ways to give a compliment and how to receive a compliment by saying "thank you." Then, at the dinner table or other family gathering, take turns giving compliments to everyone around the table.

Feel Good about Family

GIVING AND RECEIVING COMPLIMENTS

REMEMBER THAT

- ☐ compliments should be sincere and unique to the person receiving the compliment.
- ☐ giving compliments makes both the giver of the compliment and receiver of the compliment feel good.
- ☐ the receiver of the compliment should thank the person who gave him or her the compliment.

LET'S DO THIS!

Let me tell you about different ways to give a compliment and how to receive a compliment. At our next dinner together, or at a family gathering, we can take turns giving compliments to everyone around the table. Then we can share how it felt both to give and receive compliments.

Write or draw a picture of a compliment you gave someone.

Write or draw a picture of how it felt to give the compliment.