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Meeting 3

Key Points Emphasized in *Skills for Growing*, Unit 4, Grades EL–5

- Children and adults share the responsibility for children’s health, safety, and well-being.
- Children should avoid unknown and possibly dangerous containers and substances, and turn to trusted adults with their questions and concerns.
- Alcohol, tobacco, and other drug use can harm the body and lead to dependence.
- Drug use affects not only individuals but their families, friends, and communities as well.
- Alcohol, tobacco, and other drugs are illegal for youth, as well as against school rules.
- Most people do not use illegal drugs—or approve of others who do use them.
- Young people can support one another in growing up drug-free.