

# Invitation to Meeting 1 for Skills for Adolescence families

Dear Family,

Where does self-confidence come from? How can we help our sons and daughters become more eager to learn, tackle new tasks, and reach out to others? If you would like the answers to these questions, come to a meeting called "Helping Adolescents Build Self-confidence." It is part of the Lions Quest Skills for Adolescence program that your child participates in. Here are the details:

MEETING PLACE \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_

This meeting will also give you a chance to talk with other parents and share the joys and concerns of raising 10- to 14-year-olds. In particular, we will discuss ways we all can help to build adolescents' self-confidence. As you probably know, children who are self-confident are not only better prepared for life but also better able to resist negative pressure from peers.

We will provide child care during the meetings and refreshments afterwards, so please plan to stay.

There is no charge.

Warmly,

Please fill out this form and return it by \_\_\_\_\_. We hope you can come!

Registration: *Supporting Young Adolescents Parent Meeting 1*

I (we) plan to attend this parent meeting.  I (we) will not be able to attend.

People who will attend the meeting: (phone optional)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Names of children enrolled in Skills for Adolescence: \_\_\_\_\_

I (we) will need child care during the meeting for these children:

Name \_\_\_\_\_ Age \_\_\_\_\_ Name \_\_\_\_\_ Age \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Name \_\_\_\_\_ Age \_\_\_\_\_