

Invitation to the Entire Series for *Skills for Growing Families*

Translate this letter into the languages spoken by your students' families. If the meetings will be conducted in languages in addition to English, or if interpreters will help with the discussions, mention this in your letter.

Dear Families,

We have planned three special family meetings for you. They are part of the Lions-Quest *Skills for Growing* program.

As you may know, *Skills for Growing* helps schools, families, and communities work together to support the healthy development of children. The program helps students strengthen their ability to communicate, cooperate, be responsible, and respect themselves and others. The children also learn how to resist pressures to become involved in harmful activities, including drug use.

At the family meetings, you'll learn some of the important skills your child is gaining through *Skills for Growing*. You'll also have an opportunity to share your ideas and concerns with other families whose children attend our school.

The meeting topics are:

Meeting 1: Introduction & Building Family Communication

This meeting focuses on ways to strengthen communication and positive interaction among family members.

Meeting 2: Internet Safety, Social Networking Responsibilities, Cyberbullying, and Other Bullying

This meeting will focus on providing guidance and protection for our children as they navigate the digital society and cope with challenging social interactions.

MEETING 1

SAMPLE LETTER

Meeting 3: Positive Prevention—Thinking Ahead _____

The focus of this meeting is on ways families can help their children grow up healthy and free drug-use problems.

Meeting 4: Celebrating the Family _____

The final meeting focuses on ways family members can help their children feel capable, valued, and responsible. We'll also discuss ways to make the most of the time spent with children.

All four meetings will be held in _____ from _____ to _____.

Child care is available. Plan to stay a few minutes afterward for refreshments.

There is no charge.

Please fill out the following form and return it to me by _____. If you need transportation, please call _____. I look forward to sharing several exciting evenings with you!

Sincerely,