



Making Learning Relevant

Self-reflection

This tool lists 10 strategies that facilitators can use to identify, prioritize, or expand on activities that students will find most relevant to their lives. Complete this tool at the beginning, middle, and end of the school year to self-assess long-term changes in practice.

The Self-Reflection Scale

1. I have little or no knowledge about this and limited experience in doing this.
2. I have basic knowledge and some experience, but I have to consult with others to do this effectively.
3. I have a good understanding of this and can do it effectively.
4. I can teach others to do this or help them do it.

Practice	Rating
1. Invite students to say what they hope to learn in Lions Quest lessons.	
2. Discuss with students how they have applied the program skills so far.	
3. Connect new skills and concepts to students' personal stories shared in class or areas of interest.	
4. Use the <i>Building Skills Beyond the Lesson</i> activities to provide additional, fun practice opportunities.	
5. Use the <i>Applying Across the Curriculum</i> activities to help students generalize the skills across settings.	
6. Help students track their progress throughout the school year relative to their social and emotional learning.	
7. Work with students to build on the Lions Quest lessons to improve their learning environment.	
8. Help students find additional resources to address challenges.	
9. Build students' self-esteem related to participating in service-learning opportunities and improving the lives of others.	
10. Solicit feedback from students about the activities that they found most helpful to their personal learning and social interactions.	
11. Help students recognize the connection between the skills and concepts they are learning in the Lions Quest lessons and their ability to perform and improve academically.	