

Dear Families,

This year your child's class will begin using the **Lions Quest** social and emotional learning (SEL) program. SEL is a process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage their emotions, set and achieve goals, feel and show empathy for others, establish positive relationships, and make responsible decisions.

Lions Quest promotes:

- A positive connection to school and peers
- Positive behavior
- Character education
- Anti-bullying
- Drug, alcohol, and tobacco awareness
- Leadership skills through service-learning

*Explain how the program will be integrated into the school day. Will it be taught as a separate subject or as part of another subject area, for example language arts or health? How many times a week/month will the student participate in the lessons?*

Families are invited to play a vital role in the program by supporting the classroom learning at home through take-home worksheets, attending parent meetings, participating in LQ workshops, serving as classroom resources, and assisting with service-learning projects.

At the end of each lesson your child may be provided a *Family Connection Take-home Worksheet*. These worksheets reinforce the concepts and skills learned in the lesson and provide activities that build the skills with the family. They offer fun and engaging resources that may lead to interesting family conversations! We are proud to offer **Lions Quest** at our school. I hope that you will help us make the program a successful experience for your child, the school, and the community.

Sincerely,