



3.7 FAMILY CONNECTION!

FAMILY MEMBERS READ THIS:

Your adolescent is learning strategies for making new friends. Help him or her understand the differences between inclusive and exclusive behavior by sharing one of your own experiences with making friends. Share with your adolescent any of your experiences with cliques. Give your adolescent positive feedback about his or her inclusive behaviors.

Inviting Friends In

LET'S DO THIS!

Share what you've learned about making friends with a family member and ask him or her to tell you about an experience with making new friends.

INCLUSIVE VS. EXCLUSIVE BEHAVIORS

REMEMBER THAT

- inclusive behaviors tend to make people feel more comfortable.
- inclusive behaviors can make people feel more comfortable with you.
- exclusive behaviors can hurt others' feelings.
- exclusive behaviors can keep us from learning about others and their perspectives.

After discussing making friends, answer the following questions:

Which inclusive behaviors did your family member engage in with his or her friend?

How did your family member feel when he or she met the friend for the first time?

How are your family member's inclusive or exclusive behaviors similar to your own? Which might you try to incorporate into your inclusive tools?