



# Listen Up and Give a Gift!

## LET'S DO THIS!

Practice giving the gift of listening to a member of your family. Ask: What was the biggest surprise that ever happened to you? While your family member speaks, concentrate on giving the Gift of Listening.

### FAMILY MEMBERS READ THIS:

Your child is learning how to identify listening skills and demonstrate how to listen to others. In class, children learned that listening is like giving a gift. Help your child practice listening skills by speaking while he or she listens. Observe his or her listening skills as you speak. Cues such as body language can show that someone is listening. Let your child know when he or she is being a good listener and the positive way it makes you feel.

## GIFT OF LISTENING

### REMEMBER TO

- give the speaker your attention.
- encourage the speaker to tell you more.
- show you are interested by your actions.

After listening to your family member, ask him or her to describe the behaviors that showed you were listening.

Then answer the following questions:

How did your family member describe your listening skills?

How did it feel to give the Gift of Listening to your family member?

What do you need to do differently to improve your listening skills? When and where will you give the Gift of Listening again?