

Name:

3.5

APPLYING

Two of the biggest reasons that students don't intervene in a bullying situation are opposite sides of the same coin. They are either good friends of the bully, or they don't know or may even dislike the person being bullied.

- 1** Do you have a friend or friends that bully? Are you part of a group or clique that often targets other students?

- 2** How does it make you feel?

- 3** How do you think the bullied student feels?

- 4** What can you do to stop your friend from bullying?

- 5** Have you seen someone bullied that you don't know or may even dislike? Do you think that it's either not your business, or that they deserve it?

- 6** How does that make you feel?

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PRACTICING

Your group will be assigned one of the five reasons that people don't intervene in bullying situations. Complete the handout as you discuss strategies you can use to overcome your reluctance to intervene in a bullying situation and become an active bystander — an "upstander."

Someone else will surely step in.	In school, students often think an adult will always be there to step in, but often they are not.
If I say anything, he/she will go after me next.	People do not want to become the next victim.
I don't like what she/he is doing, but she/he is still my friend.	People know that bullying is wrong, but they don't want to hurt their friendship.
I would say something, but she and I aren't really friends.	Bullies often pick victims they know few other classmates will defend. These people are already isolated, may be members of a group that is easy to target, and be the subject of bias and prejudice.
I don't want to stand out.	It's very difficult to call attention to yourself in many situations. People like to be part of the "herd."

**Your group's reason
(A-E)**

Is this often an issue at your school? (Does your school have a lot of cliques and social groups? Is it a large school where a lot of students could be isolated or is it a small school where everyone knows everyone else? Are there populations that can be picked on easily?)

Why would this be a reason to be a passive bystander?

What are some strategies, reminders, ideas, or things you can tell yourself to break down your reluctance to help and become an active bystander?

Are there things that can be done schoolwide to help?