



Curriculum Map: Suicide Prevention Standards

Developed from Guidelines compiled by the American Association of Suicidology;
Universal Interventions.

SKILLS FOR GROWING (SFG): GRADES K – 5

SFG consists of 5 instructive units. These units include:

- **Unit 1: Building a School Community**
- **Unit 2: Growing as a Group**
- **Unit 3: Making Positive Decisions**

Service-Learning

- **Unit 4: Growing Up Drug-Free**
- **Unit 5: Celebrating You and Me**

CORE SKILLS AND COMPETENCIES	Addressed within SFG Curriculum
<p>Help to create a respectful learning environment in which everyone feels connected and included.</p>	<p><u>GRADES K-5:</u> In addition to the curriculum lessons, <i>Skills for Growing</i> includes opportunities and materials for families and community members to create a home-school-community network of support for young people:</p> <ul style="list-style-type: none"> • Home-School homework assignments with each lesson • <i>Together Times</i> student-family activity booklets • <i>The Family Connection</i> Guide to Family Meetings • Participation in workshops and on the Implementation Team • Involvement in positive school climate events • Engagement in Service-Learning projects <p><u>GRADE K:</u></p> <p><i>Unit 1:</i> Introduction, Lessons 1-4</p> <p><i>Unit 2:</i> Introduction, Lessons 1-4</p> <p><i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 1:</u></p> <p><i>Unit 1:</i> Introduction, Lessons 1-4</p> <p><i>Unit 2:</i> Introduction, Lessons 1-4</p> <p><i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 2:</u></p> <p><i>Unit 1:</i> Introduction, Lessons 1-4</p> <p><i>Unit 2:</i> Introduction, Lessons 1-4</p> <p><i>Unit 5:</i> Introduction, Lessons 1-4</p>



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<p>Continued from previous page.</p>	<p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p>
<p>Uphold clear and consistent classroom and school guidelines that promote respectful behaviors, civil speech, and appropriate conduct and protect students from bullying and victimization.</p>	<p><u>GRADES K-5:</u> Lions-Quest includes a school wide component that encourages the school community to establish and make visible clear school guidelines regarding high expectations for respectful behaviors and consistently uphold them throughout the school.</p> <p><u>GRADE K:</u> <i>Unit 1:</i> Lessons 2, 3</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Lessons 1, 4</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lesson 3</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Lesson 2</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Lesson 3</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Lesson 2</p>



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<p>Feel comfortable approaching an adult when confronted by problems.</p>	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Lesson 3</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 2,3</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Lesson 3</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lessons 6, 7 <i>Unit 5:</i> Lessons 2, 3</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Lesson 3</p> <p><u>Grade 5:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 4:</i> Lesson 7</p>



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<p>Listen with empathy and learn to take another person's perspective.</p>	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1, 3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 2, 3 <i>Unit 4:</i> Introduction, Lessons 3, 4 <i>Unit 5:</i> Introduction, Lessons 2, 4</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1,3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 2, 3 <i>Unit 4:</i> Introduction, Lessons 3, 4 <i>Unit 5:</i> Introduction, Lessons 1, 4</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 3, 4 <i>Unit 5:</i> Introduction, Lessons 1, 2, 4</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1, 2, 4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lesson 6 <i>Unit 5:</i> Introduction, Lessons 1, 2, 4</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Lesson 3 <i>Unit 4:</i> Lesson 5 <i>Unit 5:</i> Lessons 2, 4</p>



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Continued from previous page.	<p><u>GRADE 5:</u></p> <p>Unit 1: Introduction, Lessons 1-4</p> <p>Unit 2: Introduction, Lessons 1-4</p> <p>Unit 3: Introduction, Lessons 2, 3</p> <p>Unit 4: Introduction, Lessons 1-6</p> <p>Unit 5: Introduction, Lessons 1, 2</p>
Develop self-awareness about one's emotional state.	<p>In <i>Skills for Growing</i>, each lesson ends with Closure questions that invite students to reflect on and express how they are thinking and feeling about the learning experience.</p> <p><u>GRADE K:</u></p> <p>Unit 1: Introduction, Lessons 2, 3</p> <p>Unit 2: Introduction, Lessons 1-4</p> <p>Unit 3: Introduction, Lessons 1-3</p> <p>Unit 4: Introduction, Lessons 2-4</p> <p><u>GRADE 1:</u></p> <p>Unit 1: Introduction, Lesson 3</p> <p>Unit 2: Introduction, Lessons 1, 3, 4</p> <p>Unit 3: Introduction, Lessons 1-3</p> <p>Unit 4: Introduction, Lessons 2-4</p> <p><u>GRADE 2:</u></p> <p>Unit 1: Introduction, Lessons 2, 3</p> <p>Unit 2: Lessons 1-4</p> <p>Unit 3: Introduction, Lessons 1-3</p> <p>Unit 4: Lessons 1, 3, 4</p> <p><u>GRADE 3:</u></p> <p>Unit 1: Introduction, Lessons 1, 2</p> <p>Unit 2: Lessons 1, 3</p> <p>Unit 3: Introduction, Lessons 1-3</p> <p>Unit 4: Introduction, Lessons 2-6</p>



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Continued from previous page.	<p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 2, 3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lessons 1-6 <i>Unit 5:</i> Lessons 2, 4</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Introduction, Lessons 2, 3, 4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 1-6</p>
Communicate needs constructively.	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1, 3 <i>Unit 2:</i> Lessons 1, 4 <i>Unit 4:</i> Lesson 4 <i>Unit 5:</i> Introduction, Lesson 1</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Lesson 2 <i>Unit 5:</i> Introduction, Lesson 1</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Lesson 3 <i>Unit 2:</i> Lesson 4 <i>Unit 5:</i> Lesson 2</p> <p><u>GRADE 3:</u> <i>Unit 2:</i> Lesson 3</p> <p><u>GRADE 4:</u> <i>Unit 2:</i> Lesson 3</p> <p><u>GRADE 5:</u> <i>Unit 2:</i> Lesson 3</p>



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<p>Learn how to build and improve positive peer relations.</p>	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Introduction, Lessons 1-3, 5</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Introduction, Lessons 1,3</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Introduction, Lessons 2-4</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 7 <i>Unit 5:</i> Lessons 2-4</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Lessons 3, 4</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 7 <i>Unit 5:</i> Introduction, Lessons 1-4</p>



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<p>Resolve conflicts constructively through conflict resolution, decision making, and problem solving strategies (between two students who are causing conflict, not between the aggressor and the victim).</p>	<p><u>GRADE K:</u> <i>Unit 2:</i> Lesson 4 <i>Unit 3:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 1:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3</p> <p><u>GRADE 2:</u> <i>Unit 3:</i> Introduction, Lessons 1-3</p> <p><u>GRADE 3:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 6</p> <p><u>GRADE 4:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 5</p> <p><u>GRADE 5:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 6</p>
<p>Learn specific strategies for dealing with bullying behaviors. Activate positive peer pressure.</p>	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Lesson 4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 4</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lesson 1</p>



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Demonstrate tolerance, inclusion, and appreciation for diversity.	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p>



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Engage in school-wide events and Service-Learning projects that address conditions that lead to suicide, such as depression, bullying and intimidation, and alienation.	<p><u>GRADES K-5:</u> In addition to the curriculum lessons, Lions-Quest includes opportunities and materials for families and community members to support suicide prevention themes in the home and school wide environments.</p> <ul style="list-style-type: none"> • <i>The Family Connection</i> Family Meeting format that can be designed for suicide prevention. • Involvement in school climate events related to suicide prevention. • Engagement in Service-Learning projects related to suicide prevention.