



## Curriculum Map: Social & Emotional Learning Standards

Based on the 2005 Illinois Social Emotional Learning Standards.

Developed in partnership with the

Collaborative for Academic, Social, and Emotional Learning (CASEL)

### SKILLS FOR GROWING (SFG): GRADES K – 5

SFG consists of 5 instructive units. These units include:

- **Unit 1: Building a School Community**
- **Unit 2: Growing as a Group**
- **Unit 3: Making Positive Decisions**

#### Service-Learning

- **Unit 4: Growing Up Drug-Free**
- **Unit 5: Celebrating You and Me**

CORE SKILLS AND COMPETENCIES	Addressed within SFG curriculum
<b>GOAL 1: Develop self-awareness and self-management skills.</b>	
<b>A. Identify and manage one's emotions and behavior.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K-2</u></b></p> <p><b>1A.1a.</b> Recognize and accurately label emotions and how they are linked to behavior. <b>1A.1b.</b> Demonstrate control of impulsive behavior.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2, 3 <b>Unit 2:</b> Introduction, Lessons 1-4 <b>Unit 3:</b> Introduction, Lessons 1-3 <b>Unit 4:</b> Introduction, Lessons 2-4</p> <p><b><u>GRADE 1:</u></b></p> <p><b>Unit 1:</b> Introduction, Lesson 3 <b>Unit 2:</b> Introduction, Lessons 1, 3, 4 <b>Unit 3:</b> Introduction, Lessons 1-3 <b>Unit 4:</b> Introduction, Lessons 2-4</p> <p><b><u>GRADE 2:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2, 3 <b>Unit 2:</b> Lessons 1-4 <b>Unit 3:</b> Introduction, Lessons 1-3 <b>Unit 4:</b> Lessons 1, 3, 4</p>
<p><b><u>Late Elementary</u></b> <b><u>Grades 3-5</u></b></p> <p><b>1A.2a.</b> Describe a range of emotions and the situations that cause them.</p>	<p><b><u>GRADE 3:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 1, 2 <b>Unit 2:</b> Lessons 1, 3 <b>Unit 3:</b> Introduction, Lessons 1-3 <b>Unit 4:</b> Introduction, Lessons 2-6</p>



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<p>Continued from previous page.</p> <p><b>1A.2b.</b> Describe and demonstrate ways to express emotions in a socially acceptable manner.</p>	<p><b><u>GRADE 4:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2, 3</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 3:</b> Introduction, Lessons 1-3</p> <p><b>Unit 4:</b> Lessons 1-6</p> <p><b>Unit 5:</b> Lessons 2, 4</p> <p><b><u>GRADE 5:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2, 3, 4</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 3:</b> Introduction, Lessons 1-3</p> <p><b>Unit 4:</b> Introduction, Lessons 1-6</p>
<p><b>B. Recognize personal qualities and external supports.</b></p>	
<p><b><u>GRADES K-5:</u></b> In addition to the curriculum lessons, Lions-Quest <i>Skills for Growing</i> includes opportunities and materials for families and community members to create a home-school-community network of support for young people:</p> <ul style="list-style-type: none"> <li>• Home-School homework assignments with each lesson</li> <li>• <i>Together Times</i> student-family activity booklets</li> <li>• <i>The Family Connection</i> Guide to school-based family meetings.</li> <li>• Participation in workshops and on the Implementation Team</li> <li>• Involvement in positive school climate committee events</li> <li>• Engagement in Service-Learning projects</li> </ul>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K-2</u></b></p> <p><b>1B.1a.</b> Identify one's likes and dislikes, needs and wants strengths and challenges.</p> <p><b>1B.1b.</b> Identify family, peer, school, and community strengths.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 1, 2, 4</p> <p><b>Unit 2:</b> Introduction, Lessons 2, 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 -3</p> <p><b>Unit 4:</b> Introduction, Lesson 4</p> <p><b>Unit 5:</b> Introduction, Lessons 1-2</p>



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<p>Continued from previous page.</p>	<p><b><u>GRADE 1:</u></b>  <i>Unit 1:</i> Introduction, Lessons 1, 2, 4  <i>Unit 2:</i> Introduction, Lessons 2, 3  <i>Unit 3:</i> Introduction, Lessons 1-3  <i>Unit 4:</i> Introduction, Lessons 3, 4  <i>Unit 5:</i> Lessons 2, 3</p> <p><b><u>GRADE 2:</u></b>  <i>Unit 1:</i> Introduction, Lessons 1, 3, 4  <i>Unit 2:</i> Introduction, Lessons 2, 3  <i>Unit 3:</i> Introduction, Lessons 1-3  <i>Unit 4:</i> Introduction, Lessons 1, 3, 4  <i>Unit 5:</i> Introduction, Lessons 1, 3, 4</p>
<p><b><u>Late Elementary</u></b>  <b><u>Grades 3-5</u></b></p> <p><b>1A.2a</b> Describe personal skills and interests that one wants to develop.</p> <p><b>1B.2b.</b> Explain how family members, peers, school personnel, and community members can support school success and responsible behavior.</p>	<p><b><u>GRADE 3:</u></b>  <i>Unit 1:</i> Introduction, Lessons 1, 3, 4  <i>Unit 2:</i> Introduction, Lessons 2, 4  <i>Unit 3:</i> Introduction, Lessons 1, 2  <i>Unit 4:</i> Introduction, Lessons 1-7  <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><b><u>GRADE 4:</u></b>  <i>Unit 1:</i> Introduction, Lesson 1  <i>Unit 2:</i> Introduction, Lesson 2  <i>Unit 3:</i> Lesson 2  <i>Unit 4:</i> Introduction, Lessons 1-6  <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><b><u>GRADE 5:</u></b>  <i>Unit 1:</i> Introduction, Lessons 1, 3, 4  <i>Unit 2:</i> Introduction, Lessons 2, 4  <i>Unit 3:</i> Introduction, Lessons 2, 3  <i>Unit 4:</i> Introduction, Lessons 1-7  <i>Unit 5:</i> Introduction, Lessons 1-4</p>



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<b>C. Demonstrate skills related to achieving personal and academic goals.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K-2</u></b></p> <p><b>1C.1a.</b> Describe why school is important in helping students achieve personal goals.</p> <p><b>1C.1b.</b> Identify goals for academic success and classroom behavior.</p>	<p><b><u>GRADE K:</u></b> <i>Unit 4:</i> Lesson 1</p> <p><b><u>GRADE 1:</u></b> <i>Unit 4:</i> Lessons 1, 2 <i>Unit 5:</i> Lesson 4</p> <p><b><u>GRADE 2:</u></b> <i>Unit 1:</i> Lesson 4 <i>Unit 2:</i> Lesson 3 <i>Unit 4:</i> Introduction, Lesson 1 <i>Unit 5:</i> Lesson 4</p>
<p><b><u>Late Elementary</u></b> <b><u>Grades 3-5</u></b></p> <p><b>1C.2a</b> Describe the steps in setting and working toward goal achievement.</p> <p><b>1C.2b.</b> Monitor progress on achieving a short-term personal goal.</p>	<p><b><u>GRADE 3:</u></b> <i>Unit 4:</i> Introduction, Lessons 1, 3, 5, 6, 7 <i>Unit 5:</i> Introduction, Lesson 1</p> <p><b><u>GRADE 4:</u></b> <i>Unit 4:</i> Introduction, Lessons 1, 2, 3, 4, 5 <i>Unit 5:</i> Lessons 1, 2, 3</p> <p><b><u>GRADE 5:</u></b> <i>Unit 4:</i> Introduction, Lessons 1, 2, 3, 5, 6 <i>Unit 5:</i> Introduction, Lessons 1, 3, 4</p>



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<b>GOAL 2: Use social awareness and interpersonal skills to establish and maintain relationships.</b>	
<b>A. Recognize the feelings and perspectives of others.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K-2</u></b></p> <p><b>2A.1a.</b> Recognize that others may experience situations differently from oneself.</p> <p><b>2A.1b.</b> Use listening skills to identify feelings and perspectives of others.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 1, 3</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 3:</b> Introduction, Lessons 2, 3</p> <p><b>Unit 4:</b> Introduction, Lessons 3, 4</p> <p><b>Unit 5:</b> Introduction, Lessons 2, 4</p> <p><b><u>GRADE 1:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 1, 3</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 3:</b> Introduction, Lessons 2, 3</p> <p><b>Unit 4:</b> Introduction, Lessons 3, 4</p> <p><b>Unit 5:</b> Introduction, Lessons 1, 4</p> <p><b><u>GRADE 2:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 1-3</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 3:</b> Introduction, Lessons 1-3</p> <p><b>Unit 4:</b> Introduction, Lessons 3, 4</p> <p><b>Unit 5:</b> Introduction, Lessons 1, 2, 4</p>
<p><b><u>Late Elementary</u></b> <b><u>Grades 3-5</u></b></p> <p><b>2A.2a.</b> Identify verbal, physical, and situational cues that indicate how others may feel.</p> <p><b>2A.2b.</b> Describe the expressed feelings and perspectives of others.</p>	<p><b><u>GRADE 3:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 1, 2, 4</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 3:</b> Introduction, Lessons 1-3</p> <p><b>Unit 4:</b> Introduction, Lesson 6</p> <p><b>Unit 5:</b> Introduction, Lessons 1, 2, 4</p>



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<b>B. Recognize individual and group similarities and differences.</b>	
<p><b><u>Early Elementary</u></b>  <b><u>Grades K-2</u></b></p> <p><b>2B.1a.</b> Describe the ways that people are similar and different.</p> <p><b>2B.1b.</b> Describe positive qualities in others.</p>	<p><b><u>GRADE K:</u></b>  <i>Unit 1:</i> Introduction, Lesson 1  <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><b><u>GRADE 1:</u></b>  <i>Unit 1:</i> Introduction, Lessons 1, 4  <i>Unit 5:</i> Introduction, Lessons 1, 3</p> <p><b><u>GRADE 2:</u></b>  <i>Unit 1:</i> Lessons 1  <i>Unit 5:</i> Introduction, Lesson 1</p>
<p><b><u>Late Elementary</u></b>  <b><u>Grades 3-5</u></b></p> <p><b>2B.2a.</b> Identify differences among and contributions of various social and cultural groups.</p> <p><b>2B. 2b.</b> Demonstrate how to work effectively with those who are different from oneself.</p>	<p><b><u>GRADE 3:</u></b>  <i>Unit 1:</i> Lessons 1, 4  <i>Unit 2:</i> Introduction, Lessons 1-4  <i>Unit 5:</i> Introduction, Lesson 4</p> <p><b><u>GRADE 4:</u></b>  <i>Unit 1:</i> Introduction, Lessons 1, 2, 4  <i>Unit 2:</i> Introduction, Lessons 1-4  <i>Unit 5:</i> Introduction, Lessons 1, 4</p>



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<b>C. Use communication and social skills to interact effectively with others.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K-2</u></b></p> <p><b>2C.1a.</b> Identify ways to work and play well with others.</p> <p><b>2C.1b.</b> Demonstrate appropriate social and classroom behavior.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 1:</b> Lessons 2-4</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 5:</b> Introduction</p> <p><b><u>GRADE 1:</u></b></p> <p><b>Unit 1:</b> Lessons 2, 3</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 5:</b> Introduction, Lessons 1-3</p> <p><b><u>GRADE 2:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2, 4</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 5:</b> Introduction, Lessons 2-4</p>
<p><b><u>Late Elementary</u></b> <b><u>Grades 3-5</u></b></p> <p><b>2C.2a.</b> Describe approaches for making and keeping friends.</p> <p><b>2C.2b.</b> Analyze ways to work effectively in groups.</p>	<p><b><u>GRADE 3:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2, 3</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 5:</b> Lessons 2-4</p> <p><b><u>GRADE 4:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 3, 4</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 5:</b> Lessons 3, 4</p> <p><b><u>GRADE 5:</u></b></p> <p><b>Unit 1:</b> Introduction, Lessons 2- 4</p> <p><b>Unit 2:</b> Introduction, Lessons 1-4</p> <p><b>Unit 5:</b> Introduction</p>



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<b>D. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K - 2</u></b></p> <p><b>2D.1a.</b> Identify problems and conflicts commonly experienced by peers.</p> <p><b>2D.1b.</b> Identify approaches to resolving conflicts constructively.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 2:</b> Lesson 4</p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 4</p> <p><b><u>GRADE 1:</u></b></p> <p><b>Unit 2:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b><u>GRADE 2:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p>
<p><b><u>Later Elementary</u></b> <b><u>Grades 3 - 5</u></b></p> <p><b>2D.2a.</b> Describe causes and consequences of conflicts.</p> <p><b>2D.2b.</b> Apply constructive approaches in resolving conflicts.</p>	<p><b><u>GRADE 3:</u></b></p> <p><b>Unit 2:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Lesson 6</p> <p><b><u>GRADE 4:</u></b></p> <p><b>Unit 2:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Lesson 5</p> <p><b><u>GRADE 5:</u></b></p> <p><b>Unit 2:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Lesson 6</p>



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CORE SKILLS AND COMPETENCIES	Addressed within SFG curriculum
<p><b>GOAL 3: Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.</b></p>	
<p><b>A. Consider ethical, safety, and societal factors in making decisions.</b></p>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K - 2</u></b></p> <p><b>3A.1a.</b> Explain why unprovoked acts that hurt others are wrong.</p> <p><b>3A.1b.</b> Identify social norms and safety considerations that guide behavior.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 1:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Introduction, Lessons 1 - 4</p> <p><b><u>GRADE 1:</u></b></p> <p><b>Unit 1:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 - 3</p> <p><b>Unit 4:</b> Introduction, Lessons 3, 4</p> <p><b><u>GRADE 2:</u></b></p> <p><b>Unit 1:</b> Lesson 2</p> <p><b>Unit 3:</b> Lesson 3</p> <p><b>Unit 4:</b> Lessons 2 - 4</p>
<p><b><u>Late Elementary</u></b> <b><u>Grades 3 - 5</u></b></p> <p><b>3A.2a.</b> Demonstrate the ability to respect the rights of self and others.</p> <p><b>3A.2b.</b> Demonstrate knowledge of how social norms affect decision making and behavior.</p>	<p><b><u>GRADE 3:</u></b></p> <p><b>Unit 1:</b> Lesson 2</p> <p><b>Unit 3:</b> Introduction, Lessons 1 - 3</p> <p><b>Unit 4:</b> Introduction, Lessons 3 - 7</p> <p><b><u>GRADE 4:</u></b></p> <p><b>Unit 1:</b> Lesson 3</p> <p><b>Unit 3:</b> Introduction, Lessons 1 - 3</p> <p><b>Unit 4:</b> Introduction, Lessons 2 - 6</p> <p><b><u>GRADE 5:</u></b></p> <p><b>Unit 1:</b> Lesson 2</p> <p><b>Unit 3:</b> Introduction, Lessons 1 - 3</p> <p><b>Unit 4:</b> Introduction, Lesson 1 – 7</p>



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<b>B. Apply decision-making skills to deal responsibly with daily academic and social situations.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K - 2</u></b></p> <p><b>3B.1a.</b> Identify a range of decisions that students make a school.</p> <p><b>3B.1b.</b> Make positive choices when interacting with classmates.</p>	<p><b><u>GRADE K:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Introduction, Lesson 2</p> <p><b><u>GRADE 1:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Introduction, Lessons 3, 4</p> <p><b><u>GRADE 2:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b>Unit 4:</b> Lessons 1, 2, 4</p>
<p><b><u>Late Elementary</u></b> <b><u>Grades 3 - 5</u></b></p> <p><b>3B.2a.</b> Identify and apply the steps of systematic decision making.</p> <p><b>3B. 2b.</b> Generate alternative solutions and evaluate their consequences for a range of academic and social situations.</p>	<p><b><u>GRADE 3:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p> <p><b><u>GRADE 4:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 - 3</p> <p><b><u>GRADE 5:</u></b></p> <p><b>Unit 3:</b> Introduction, Lessons 1 – 3</p>
<b>C. Contribute to the well-being of one’s school and community.</b>	
<p><b><u>Early Elementary</u></b> <b><u>Grades K – 2</u></b></p> <p><b>3C.3a.</b> Identify and perform roles that contribute to one’s classroom.</p> <p><b>3C.1b.</b> Identify and perform roles and contribute to one’s family.</p>	<p><b><u>GRADE K:</u></b></p> <p><b><i>Service-learning Unit, school climate events</i></b></p> <p><b>Unit 1:</b> Introduction, Lessons 3, 4</p> <p><b>Unit 2:</b> Introduction, Lesson 2</p> <p><b>Unit 5:</b> Lessons 3, 4</p> <p><b><u>GRADE 1:</u></b></p> <p><b><i>Service-learning Unit, school climate events</i></b></p> <p><b>Unit 1:</b> Introduction, Lesson 3</p> <p><b>Unit 2:</b> Introduction, Lesson 2</p> <p><b>Unit 5:</b> Lesson 2, 3</p>



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<p><b><u>Late Elementary</u></b>  <b><u>Grades 3 – 5</u></b></p> <p><b>3C.2a.</b> Identify and perform roles that contribute to the school community.</p> <p><b>3C.2b.</b> Identify and perform roles that contribute to the local community.</p>	<p><b><u>GRADE 3:</u></b>  <b><i>Service-learning Unit, school climate events</i></b>  <b><i>Unit 1:</i></b> Introduction, Lessons 2 – 4  <b><i>Unit 2:</i></b> Introduction, Lesson 2  <b><i>Unit 4:</i></b> Lesson 7  <b><i>Unit 5:</i></b> Introduction, Lessons 2 - 4</p> <p><b><u>GRADE 4:</u></b>  <b><i>Service-learning Unit, school climate events</i></b>  <b><i>Unit 1:</i></b> Introduction, Lessons 3, 4  <b><i>Unit 2:</i></b> Introduction, Lesson 2  <b><i>Unit 5:</i></b> Introduction, Lessons 2 – 4</p> <p><b><u>GRADE 5:</u></b>  <b><i>Service-learning Unit, school climate events</i></b>  <b><i>Unit 1:</i></b> Introduction, Lessons 2 – 4  <b><i>Unit 2:</i></b> Introduction, Lessons 3  <b><i>Unit 4:</i></b> Lesson 7  <b><i>Unit 5:</i></b> Lessons 3, 4</p>