



Curriculum Map: Bullying Prevention Standards

Developed by the Department of Health and Human Services,
Health Resources and Services Administration for the
“Stop Bullying Now! Take a Stand. Lend a Hand” Campaign, 2006

SKILLS FOR GROWING (SFG): GRADES K – 5

SFG consists of 5 instructive units. These units include:

- **Unit 1: Building a School Community**
- **Unit 2: Growing as a Group**
- **Unit 3: Making Positive Decisions**

Service-Learning

- **Unit 4: Growing Up Drug-Free**
- **Unit 5: Celebrating You and Me**

CORE VALUES	Addressed within SFG curriculum
<p><u>GRADES K-5:</u> In addition to the curriculum lessons, Lions-Quest <i>Skills for Growing</i> includes opportunities and materials for families and community members to create a home-school-community network of support for young people:</p> <ul style="list-style-type: none"> • Home-School homework assignments with each lesson • <i>Together Times</i> student-family activity booklets • <i>The Family Connection</i> Guide to Family Meetings • Participation in workshops and on the Implementation Team • Involvement in positive school climate events • Engagement in Service-Learning projects 	
<p>Help to create a safe and affirming school, classroom, and home climate through respectful behaviors.</p>	<p><u>GRADE K:</u></p> <p><i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 1:</u></p> <p><i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 2:</u></p> <p><i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p>



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<p>Uphold clear and consistent classroom and school guidelines that promote respectful behaviors, civil speech, and appropriate conduct.</p>	<p><u>GRADES K-5:</u> <i>Skills for Growing</i> includes a school wide component that encourages the school community to establish and make visible clear school guidelines regarding high expectations for respectful behaviors and consistently uphold them throughout the school.</p> <p><u>GRADE K:</u> <i>Unit 1:</i> Lessons 2, 3</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Lessons 1, 4</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lesson 3</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Lesson 2</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Lesson 3</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Lesson 2</p>



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<p>Demonstrate stress reduction and anger management skills.</p>	<p><u>GRADE K:</u> <i>Unit 2:</i> Lesson 4</p> <p><u>GRADE 1:</u> <i>Unit 2:</i> Lesson 3</p> <p><u>GRADE 2:</u> <i>Unit 2:</i> Lesson 1</p> <p><u>GRADE 3:</u> <i>Unit 2:</i> Lesson 3</p> <p><u>GRADE 4:</u> <i>Unit 2:</i> Lesson 3</p> <p><u>GRADE 5:</u> <i>Unit 2:</i> Lesson 3</p>
<p>Listen with empathy and learn to take another person’s perspective.</p>	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1, 3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 2, 3 <i>Unit 4:</i> Introduction, Lessons 3, 4 <i>Unit 5:</i> Introduction, Lessons 2, 4</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1,3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 2, 3 <i>Unit 4:</i> Introduction, Lessons 3, 4 <i>Unit 5:</i> Introduction, Lessons 1, 4</p>



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<p>Continued from previous page.</p>	<p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-3 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 3, 4 <i>Unit 5:</i> Introduction, Lessons 1,2, 4</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1,2, 4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lesson 6 <i>Unit 5:</i> Introduction, Lessons 1, 2, 4</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Lesson 3 <i>Unit 4:</i> Lesson 5 <i>Unit 5:</i> Lessons 2, 4</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 2, 3 <i>Unit 4:</i> Introduction, Lessons 1-6 <i>Unit 5:</i> Introduction, Lessons 1, 2</p>
<p>Communicate needs constructively.</p>	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1, 3 <i>Unit 2:</i> Lessons 1, 4 <i>Unit 4:</i> Lesson 4 <i>Unit 5:</i> Introduction, Lesson 1</p>



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Learn how to build and improve positive peer relations.	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Introduction, Lessons 1-3, 5</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Introduction, Lessons 1,3</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1-4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 5:</i> Introduction, Lessons 2-4</p>



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<p>Resolve conflicts constructively through conflict resolution, decision making, and problem solving strategies (between two students who are causing conflict, not between the aggressor and the victim).</p>	<p><u>GRADE K:</u> <i>Unit 2:</i> Lesson 4 <i>Unit 3:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 1:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3</p> <p><u>GRADE 2:</u> <i>Unit 3:</i> Introduction, Lessons 1-3</p> <p><u>GRADE 3:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 6</p>



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Learn specific strategies for dealing with bullying behaviors. Activate positive peer pressure.	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Lesson 4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 4</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lesson 1</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Introduction, Lessons 1,2, 4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lessons 3, 4</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 6</p>



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Reflect on one’s own behaviors regarding the treatment of others.	<p><u>Grades K-5:</u> At the end of each lesson in <i>Skills for Growing</i>, there are closure questions that help students reflect on what they have learned and how they might apply the new skills and information from the lesson.</p>
Demonstrate conscience development through cause and effect thinking.	<p><u>GRADE K:</u> <i>Unit 2:</i> Lesson 4 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lesson 2</p> <p><u>GRADE 1:</u> <i>Unit 2:</i> Lesson 3 <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lessons 3-4</p> <p><u>GRADE 2:</u> <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Lessons 1, 2</p> <p><u>GRADE 3:</u> <i>Unit 3:</i> Introduction, Lessons 1-3 <i>Unit 4:</i> Introduction, Lessons 2, 3, 4</p>



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Demonstrate tolerance, inclusion, and appreciation for diversity.	<p><u>GRADE K:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 1:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 3:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 4:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p> <p><u>GRADE 5:</u> <i>Unit 1:</i> Introduction, Lessons 1-4 <i>Unit 5:</i> Introduction, Lessons 1-4</p>



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<p>Set goals at the individual, classroom, and school level.</p>	<p><u>GRADE K:</u> <i>Unit 4:</i> Lesson 1</p> <p><u>GRADE 1:</u> <i>Unit 4:</i> Lessons 1, 2 <i>Unit 5:</i> Lesson 4</p> <p><u>GRADE 2:</u> <i>Unit 1:</i> Lesson 4 <i>Unit 2:</i> Lesson 3 <i>Unit 4:</i> Introduction, Lesson 1 <i>Unit 5:</i> Lesson 4</p> <p><u>GRADE 3:</u> <i>Unit 4:</i> Introduction, Lessons 1, 3, 5, 6, 7 <i>Unit 5:</i> Introduction, Lesson 1</p> <p><u>GRADE 4:</u> <i>Unit 4:</i> Introduction, Lessons 1, 2, 3, 4, 5 <i>Unit 5:</i> Lessons 1, 2, 3</p> <p><u>GRADE 5:</u> <i>Unit 4:</i> Introduction, Lessons 1, 2, 3, 5, 6 <i>Unit 5:</i> Introduction, Lessons 1, 3, 4</p>
<p>Engage in school and community events and Service-Learning projects that address bullying.</p>	<p><u>GRADES K-5:</u> In addition to the curriculum lessons, <i>Skills for Growing</i> includes opportunities and materials for families and community members to support anti-bullying themes in the home and school wide environments.</p> <ul style="list-style-type: none"> • <i>The Family Connection</i> Family Meeting format that can be designed for bullying prevention. • Involvement in school climate events related to bullying prevention. • Engagement in Service-Learning projects related to bullying prevention.