



Skills for Action

Implementation Models

Skills for Action is designed to be a flexible program for high schools that allows for a variety of implementation options. It can be taught as a one-semester course, a one-year course, or a multi-year course that is repeated as a service-learning educational methodology for subsequent classes incorporating service-learning into their content areas. It can be integrated into academic or other subject areas, such as social studies, language arts, family and consumer sciences, or health. It can be used as a social and emotional learning and character education advisory course, using the Skills Bank. The *Teens – Alcohol and Other Drugs* supplementary unit can serve as the drug prevention and service-learning course that can be incorporated into a health or advisory period 15-session unit.

Model One: Separate Course

Offer as a one-semester course by teaching the curriculum daily, with 33 sessions (which amount to 70 class periods), appropriate skills from the Skills Bank, and activities from the *Making a Difference* magazine. Offer as a one-year course by extending the number of service-learning projects, teaching the entire Skills Bank, and including *Teens – Alcohol and Other Drugs*.

Model Two: Integration into Existing Courses

(Teach in subsequent years as a service-learning educational methodology)

- Part 1, Sessions 2, 4, 5
- Part 2, Sessions 2, 3, 5, 6, 8
- Part 3B, Parts of Session 4 (Brainstorm possible projects and Parts of Sessions 5, 6 (Planning)
- Part 3C, Parts of Sessions 2, 3, (Prepare for Placements) and Parts of Sessions 4, 5 (Placement Assignments)
- Part 4, Parts of Sessions 1, 2 (Share Experiences) and Session 7
- Skills Bank (teaching and reinforcing skills as needed)
- Teens – Alcohol and Other Drugs supplemental unit

Model Three: Integration into Existing Courses with Short-term Class and Individual Project

- Part 1, Sessions 2, 4, 5
- Part 2, Sessions 2, 3, 5, 6, 8
- Skills Bank

Model Four: Teach the Skills Bank as a Life Skills Course

Teach the 26 skills sets in the Skills Bank (each with 5 – 8 activities) as a one-semester course taught daily or integrate the Skills Bank in Health, Family, and Consumer Sciences, or Advisory.

Model Five: Integrate *Teens – Alcohol and Other Drugs* into Health or Advisory Curriculum

Use the *Teens – Alcohol and Other Drugs* with its 15 lessons on drug prevention taught through a service-learning approach as a unit in the Health Curriculum.