

PROGRAM GUIDE

OVERVIEW OF SKILLS FOR ADOLESCENCE	4
Program Goals	4
Program Components	5
RATIONALE AND CONCEPTUAL MODEL	7
Changes in Growing Up	7
Preparing for Life in the 21st Century	8
Factors that Influence Young People's Behaviors	9
How <i>Skills for Adolescence</i> Supports Healthy Development	11
Teaching Values for Healthy Development	12
Lions-Quest Conceptual Model	13
<i>Skills for Adolescence</i> as a Drug Prevention Program	17
SUCCESSFUL IMPLEMENTATION	20
Lions-Quest Implementer Profiles	20
Steps for Effective Implementation	21
Conditions for Ongoing Success	24
School Implementation Models	24
<i>Skills for Adolescence</i> as a School-Wide Initiative	28
School Implementation Matrix	29
TEACHING STRATEGIES	30
The <i>Skills for Adolescence</i> Lesson Design	30
The Four Lesson Phases	30
Positive Classroom Strategies	32
Positive Classroom Climate Activities	36
Classroom Management Checklist	38
A Cooperative Approach to Learning	39
Improving Language Skills	44
Evaluation and Grading	46
DEVELOPING A POSITIVE SCHOOL CLIMATE	47
About School Climate	47
Establishing a School Climate Team	48
School Climate Survey	50
Improving the Climate	52

WORKING WITH DIVERSE STUDENT POPULATIONS	54
Ways to Improve Education for All Young People	54
Exploring Teacher Attitudes and Assumptions	55
Tips for Teaching in a Diverse Classroom Setting	57
 APPENDIX A: UNIT GOALS AND OBJECTIVES	 59
 APPENDIX B: RESOURCES	 71
 APPENDIX C: REFERENCES	 78