



Curriculum Map: Bullying Prevention Standards

Developed by the Department of Health and Human Services,
Health Resources and Services Administration for the
“Stop Bullying Now! Take a Stand. Lend a Hand” Campaign, 2006

SKILLS FOR ADOLESCENCE (SFA): GRADES 6 - 8

SFA consists of 7 instructive units as well as a summary unit. These units include:

- **Unit 1: Entering the Teen Years**
- **Unit 2: Building Self-Confidence and Communication Skills**

Service-Learning

- **Unit 3: Managing Emotions in Positive Ways**
- **Unit 4: Improving Peer Relationships**
- **Unit 5: Strengthening Family Relationships**
- **Unit 6: Managing Healthy Choices, Years 1, 2, 3**
- **Unit 7: Setting Goals for Healthy Living**
- **Summing Up: Developing Your Potential**

CORE VALUES	Addressed within SFA curriculum
<p>In addition to the curriculum lessons, Lions-Quest <i>Skills for Adolescence</i> includes opportunities and materials for families and community members to create a home-school-community network of support for young people:</p> <ul style="list-style-type: none"> • “A Conversation with a Caring Adult” activity with most lessons. • <i>Changes and Challenges</i> family activities • <i>The Parent Meeting Guide</i> for conducting school-based family meetings • A Family Forum around preventing drug use at the end of Unit 6, Year 3 • Participation in workshops and on the Implementation Team • Involvement in positive school climate events • Engagement in Service-Learning projects 	
<p>Help to create a safe and affirming school, classroom, and home climate through respectful behaviors.</p>	<p>Unit 1: Lessons 1-10 Unit 2: Lessons 1-7 Unit 3: Lessons 1-2, 7 Unit 4: Lessons 1-3, 5, 9 Summing Up: Lessons 1-5</p>



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<p>Uphold clear and consistent classroom and school guidelines that promote respectful behaviors, civil speech, and appropriate conduct.</p>	<p><i>Skills for Adolescence</i> includes a school wide component that encourages the school community to establish and make visible clear school guidelines regarding high expectations for respectful behaviors and consistently uphold them throughout the school.</p> <p>Unit 1: Lessons 2, 3, 8, 10 Unit 2: Lessons 1, 3-5, 7-8 Unit 3: Lessons 6, 7, 9 Unit 4: Lessons 4, 7, 9 Unit 6, Year 1: Lessons 1, 2, 9, 10, 14 Unit 6, Year 2: Lessons 2, 9, 10, 12 Unit 6, Year 3: Develop a Service-Learning project around observing the school rules and community laws regarding drug use. Unit 7: Lessons 2-5</p>
<p>Demonstrate stress reduction and anger management skills.</p>	<p>Unit 3: Lessons 1-10 Unit 4: Lessons 4, 6, 9 Unit 6, Year 1: Lesson 11 Unit 6, Year 2: Lesson 8 Unit 7: Lesson 6</p>
<p>Listen with empathy and learn to take another person’s perspective.</p>	<p>Unit 1: Lessons 1-6 Unit 2: Lessons 3, 4 Service-Learning: Lessons 1-5 Unit 3: Lessons 1, 2, 7 Unit 4: Lessons 2-5, 7-9 Unit 5: Lessons 4-5 Unit 6, Year 1: Lessons 9-10 Unit 6, Year 2: Lessons 9-10</p>



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<p>Communicate needs constructively.</p>	<p>Unit 1: Lessons 4-6, 10 Service-Learning: Lessons 1-5 Unit 3: Lessons 1- 4, Lessons 6-8 Unit 4: Lessons 15, 7-9 Unit 5: Lessons 4-5 Unit 6: Year 1: Lessons 9-11, 14 Unit 6: Year 2: Lessons 8-10, 12 Unit 6: Year 3: Lesson 1, Optional Lesson, 2 Unit 7: Lessons 4-5</p>
<p>Learn how to build and improve positive peer relations.</p>	<p>Unit 1: Lessons 1-5 Unit 2: Lessons 3-5, 7 Service-Learning: Lessons 1-5 Unit 3: Lessons 6 , 7, 9 Unit 4: Lessons 1-10 Unit 6: Year 1: Lessons 9-10, 12, 14 Unit 6: Year 2: Lessons 9-10, 12 Unit 6: Year 3: Working together to complete a Service-Learning project Unit 7: Lessons 2-5 Summing Up: Lessons 1-3</p>
<p>Resolve conflicts constructively through conflict resolution, decision making, and problem solving strategies (between two students who are causing conflict, not between the aggressor and the victim).</p>	<p>Unit 2: Lesson 8 Unit 3: Lessons 3-4, 6, 7, 9 Service-Learning: Application of skills in the process of conducting Service-Learning projects Unit 4: Lessons 4, 7, 9 Unit 6: Year 1: Lessons 9-10, 14 Unit 6: Year 2: Lessons 9-10 Unit 6: Year 3: Lessons 1-6 with a Service-Learning project around bullying and pressure to use drugs.</p>



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<p>Learn specific strategies for dealing with bullying behaviors. Activate positive peer pressure.</p>	<p>Unit 1: Lessons 2, 3, 8, 10 Unit 2: Lessons 7, 8 Service-Learning: Lessons 1-5 for a Service-Learning project around positive ways to handle bullying in school. Unit 3: Lessons 3-10 Unit 4: Lessons 4-7, 9-10 Unit 6: Year 1: Lessons 9-11, 14 Unit 6: Year 2: Lessons 8-10, 12 Unit 6: Year 3: Lessons 1-6 for a Service-Learning project around how to handle bullying behaviors related to drug use. Unit 7: Lessons 4-5 related to setting goals never to engage in bullying behaviors and to handle bullying in positive ways.</p>
<p>Reflect on one’s own behaviors regarding the treatment of others.</p>	<p>At the end of each lesson in <i>Skills for Growing</i>, there are closure questions that help students reflect on what they have learned and how they might apply the new skills and information from the lesson.</p>
<p>Demonstrate conscience development through cause and effect thinking.</p>	<p>Unit 1: Lessons 8, 10 Unit 2: Lessons 3-8 Service-Learning: Lesson 5 Unit 3: Lessons 1-9 Unit 4: Lessons 3-9 Unit 5: Lessons 4-5 Unit 6: Year 1: Lessons 1-15 Unit 6: Year 2: Lessons 1-12 Unit 6: Year 3: Lessons 1-6, with an emphasis on the reflection component of Lesson 6. Unit 7: Lessons 1-7 Summing Up: Lessons 1-5</p>



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<p>Demonstrate tolerance, inclusion, and appreciation for diversity.</p>	<p>Unit 1: Lessons 1-7, 9 Unit 2: Lessons 2- 5 Service-Learning: Lessons 1-5 plus the follow-up lesson in each succeeding unit Unit 3: Lessons 1, 4, 5, 7, 9 Unit 4: Lessons 1-8 Unit 6: Year 1: Lessons 12-15 Unit 6: Year 2: Lesson 12 Unit 6: Year 3: Lessons 1-6 Summing Up: Lessons 1-3</p>
<p>Set goals at the individual, classroom, and school level.</p>	<p>Unit 1: Lesson 10 Service-Learning: Lessons 1-5 Unit 7: Lessons 4-5</p>
<p>Engage in school and community events and Service-Learning projects that address bullying.</p>	<p>In addition to the curriculum lessons, <i>Skills for Adolescence</i> Lions-Quest includes opportunities and materials for families and community members to support anti-bullying themes in the home and school wide environments.</p> <p>A. <i>The Parent Meeting Guide</i> for family meetings that can be designed for bullying prevention.</p> <p>B. A Family Forum at the end of Unit 6, Year 3 that can focus on bullying prevention related to pressure to use drugs.</p> <p>C. Involvement in school climate events related to bullying prevention.</p> <p>D. Engagement in Service-Learning projects related to bullying prevention.</p>