



det er mitt VALG

Lions Quest in Norway receives highest marks for SEL

In a new report Lions Quest in Norway – known as “Det er Mitt Valg,” or “It Is My Choice” – has received the highest possible marks. The study shows that Det er Mitt Valg (DMV) has a “documented effect” in preventing problem behavior and improving the social skills in children throughout Norway.

The report, conducted by the Directorate of Education and Training under the Ministry of Education and Research, was an update of a study conducted in 2006 in which Det er Mitt Valg was categorized in the second category, “Programs with a high probability of success.” This new evaluation, conducted in December 2009, elevated DMV to the highest category, “Programs with a Documented Effect.” Only ten programs in Norway out of more than thirty evaluated were placed in this category.

Programs were evaluated on their ability to improve the social and emotional skills of children and prevent problem behaviors. Programs had to demonstrate a clear implementation strategy for participating schools. In addition, programs were rated on whether curricula were research-based. Det er Mitt Valg fulfills these criteria, and therefore has been recommended for use in schools.

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