

MIDDLE LEVEL CORRELATION GUIDE FOR LIONS QUEST *SKILLS FOR ADOLESCENCE* AND OHIO FCS PROGRAM STANDARDS

FCS Middle School – Healthy Foods 090050

Standard 1: Advocate a Healthy Lifestyle

Introductory Benchmark A: Identify social and cultural factors that influence healthy lifestyle choices.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 4: Improving Peer Relationships
- 2) Unit 6: Making Healthy Choices

Introductory Benchmark B: Demonstrate use of problem solving to make healthy food choices for a healthy body.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-confidence through Communication Skills
- 2) Unit 4: Improving Peer Relationships
- 3) Unit 6: Making Healthy Choices

Introductory Benchmark E: Apply nutrition information to guide food choices for a healthy lifestyle.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-confidence through Communication Skills
- 2) Unit 4: Improving Peer Relationships
- 3) Unit 6: Making Healthy Choices

Introductory Benchmark G: Recognize how physical activity and sleep affect a healthy lifestyle.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-confidence through Communication Skills
- 2) Unit 4: Improving Peer Relationships
- 3) Unit 6: Making Healthy Choices

Standard 6: Ensure Food Safety

Introductory and Intermediate Benchmark B: Identify thoughtful, ethical, and workable individual actions that ensure adequate, secure food supplies for individuals and families.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit

FCS Middle School – Consumer and Financial Literacy 090700

Standard 3: Demonstrate Personal Financial Literacy

Introductory Benchmark A: Identify attitudes, behavior, and skills that lead to financial satisfaction.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-Confidence through Communication Skills

Standard 5: Become Consumer Savvy

Introductory Benchmark A: Recognize the impact of advertising on individual purchasing decisions.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 6: Making Healthy Choices

Introductory Benchmark B: Recognize strategies, products and service decisions that meet individual needs and valued ends.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-Confidence through Communication Skills
- 2) Service-Learning Unit
- 3) Unit 6: Making Healthy Choices

Introductory Benchmark C: Advocate consumer rights and responsibilities.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit
- 2) Unit 6: Making Healthy Choices

Introductory Benchmark D: Recognize environmental impact of consumer practices.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit
- 2) Unit 6: Making Healthy Choices

Introductory Benchmark E: Analyze the interrelationship between the economy and consumer decisions.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit
- 2) Unit 6: Making Healthy Choices

FCS Middle School – Transitions and Careers 091410

Standard 2: Build Relationships

Introductory Benchmark A: Identify the role of academic achievement in transitions.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-Confidence through Communication Skills
- 2) Unit 4: Improving Peer Relationships

Introductory Benchmark B: Develop coping and personal resilience skills.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-Confidence through Communication Skills
- 2) Unit 4: Improving Peer Relationships
- 3) Unit 6: Making Healthy Decisions

Introductory Benchmark C: Recognize personal assets that demonstrate healthy, caring and responsible citizenship.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 1: Entering the Teen Years: The Journey of Adolescence
- 2) Unit 4: Improving Peer Relationships
- 3) Unit 6: Making Healthy Decisions

Standard 4: Design a Career Blueprint

Introductory Benchmark A:

Develop an individual academic career plan based on self-knowledge and interests.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 1: Entering the Teen Year: The Journey of Adolescence
- 2) Service-Learning Unit
- 3) Unit 7: Setting Goals for Healthy Living
- 4) Unit 8: Summing Up: Developing Your Potential

Introductory Benchmark B:

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit

Identify job search skills.

Introductory Benchmark C: Understand career and workplace issues.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit
- 2) Unit 7: Setting Goals for Healthy Living

Standard 7: Manage a Life Plan

Introductory Benchmark A: Recognize values and resources that support goals.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit
- 2) Unit 7: Setting Goals for Healthy Living

Introductory Benchmark B: Identify time management strategies related to personal, educational, and family goals.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-Confidence through Communication Skills
- 2) Service-Learning Unit
- 3) Unit 4: Improving Peer Relationships
- 4) Unit 7: Setting Goals for Healthy Living

Introductory Benchmark C: Recognize methods to reduce and manage stress.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 3: Managing Emotions in Positive Ways
- 2) Unit 6: Making Healthy Choices

Introductory Benchmark D: Identify daily life practices, routines and procedures that sustain the environment.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit

Introductory Benchmark E: Define decision-making process.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-Confidence through Communication Skills
- 2) Unit 3: Managing Emotions in Positive Ways
- 3) Unit 4: Improving Peer Relationships
- 4) Unit 6: Making Healthy Choices

Introductory Benchmark F: Apply skills for resisting peer pressure and to resolve conflict in interpersonal, educational and workplace relationships.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 4: Improving Peer Relationships
- 2) Unit 6: Making Healthy Choices

Introductory Benchmark G: Define multicultural awareness in interpersonal, educational and workplace relationships.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit

Introductory Benchmark H: Describe friend and family systems that support and sustain a productive and meaningful life.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit

Standard 8: Manage Personal Transitions

Introductory Benchmark A: Explore the role of academic achievement in transitions.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 7: Setting Goals for Healthy living Service-Learning Unit

Introductory Benchmark B: Explain factors that influence personal and academic life transitions.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 7: Setting Goals for Healthy living Service-Learning Unit

Introductory Benchmark C: Explore skills to express emotions and resolve differences and conflict in school and family relationships.

Lions Quest Skills for Adolescence Correlation:

- 1) Unit 2: Building Self-confidence through Communication Skills
- 2) Unit 3: Managing Emotions in Positive Ways
- 3) Unit 4: Improving Peer Relationships
- 4) Unit 5: Strengthening Family Relationships

Introductory Benchmark D: Apply social skills that lead to effective school and family relationships.

Lions Quest Skills for Adolescence Correlation:

- 1) Service-Learning Unit
- 2) Unit 5: Strengthening Family Relationships
- 3) Unit 7: Setting Goals for Healthy living Service-Learning Unit

FCS Middle School – Culminating Course Project

Students enrolled in Work and Family studies are expected to complete a Culminating Course Project which demonstrates achievement of the course competencies, active student growth, and reflection. It incorporates problem-solving, leadership, and management of work and family responsibilities.

Lions Quest Skills for Adolescence Correlation:

- 1) Units 1 – 7 and the skill-building lessons
- 2) Service-Learning Introductory Unit which comes after Unit 2
- 3) Service-Learning lessons in Units 3 – 7 that serve as follow-up lessons for the project
- 4) School and Community Unit Projects suggested with each unit

FCS Middle School – Community/School Partnerships: Service-Learning

Students enrolled in Work and Family Studies are expected to complete a service-learning project with a score of 80% or better on the Service Learning Rubric. The rubric measures the degree to which the project meets actual community needs, is coordinated with the community, integrates the Family and Consumer Sciences curriculum content, improves the quality of life for the people involved, facilitates active student reflection, uses new academic skills in real world settings to extend beyond the classroom, helps develop caring for others, and fosters student ownership of the project.

Lions Quest Skills for Adolescence Correlation:

The Lions Quest *Skills for Adolescence* Service-Learning Unit precisely matches the element: Service Learning Rubric used in Family and Consumer Sciences Education. The unit is based four primary steps of high quality service-learning (Preparation, Action, Reflection, and Demonstration/Celebration) and the right elements that are reflected in the rubric. The components in the program that will support high quality service-learning supported by personal and social responsibility skills are:

- 1) Units 1 – 7 and the skill-building lessons
- 2) Service-Learning Introductory Unit which comes after Unit 2
- 3) Service-Learning lessons in Units 3 – 7 that serve as follow-up lessons for the project
- 4) School and Community Unit Projects suggested with each unit



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