



LIONS QUEST *Skills For Adolescence*

Connections with Pennsylvania Standards

To print this document, be sure to set your printer to Landscape setting.

Activities	English Language Arts (1)	Social Studies (2)	Health Education (3)/ Family & Consumer Science (4)
<p>Unit 1: The Teen Years</p> <ul style="list-style-type: none"> • To create a supportive classroom learning community • To identify the normal changes that occur during adolescence • To accept increased responsibility for healthy living • To identify character traits for healthy growth and development 	<p><u>National Standards</u> 1, 2, 4, 5, 6, 7, 9, 10</p> <p><u>In Pennsylvania (5)</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> • 1.1.8.A, 1.1.8.G <p><i>Reading Critically</i></p> <ul style="list-style-type: none"> • 1.2.8.A <p><i>Reading, Analyzing and Interpreting Literature</i></p> <ul style="list-style-type: none"> • 1.3.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> • 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> • 1.5.8.A-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.E, 1.6.8.F <p><i>Characteristics and Function of Language</i></p> <ul style="list-style-type: none"> • 1.7.8.A, 1.7.8.B <p><i>Research</i></p> <ul style="list-style-type: none"> • 1.8.8.A-C 	<p><u>National Standards</u> 1, 2, 4, 5, 10</p> <p><u>In Pennsylvania (6, 7, 8, 9)</u> <i>Rights and Responsibilities of Citizenship</i></p> <ul style="list-style-type: none"> • 5.2.6.A-G <p><i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> • 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> • 8.3.6.A <p><i>World History</i></p> <ul style="list-style-type: none"> • 8.4.6.A, 8.4.6.C 	<p><u>National Standards</u> 1, 2, 3, 6 (Health) 12, 13 (FCS)</p> <p><u>In Pennsylvania (10, 11)</u> <i>Concepts of Health</i></p> <ul style="list-style-type: none"> • 10.1.6.A, 10.1.6.B, 10.1.6.D, 10.1.6.E <p><i>Healthful Living</i></p> <ul style="list-style-type: none"> • 10.2.6.A, 10.2.6.B, 10.2.6.D <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> • 10.3.6.C <p><i>Balancing Family, Work and Community Responsibility</i></p> <ul style="list-style-type: none"> • 11.2.6.A, 11.2.6.C, 11.2.6.H <p><i>Child Development</i></p> <ul style="list-style-type: none"> • 11.4.6.B

For an Explanation of Footnotes, see pp. 9-10.



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<p><u>Unit 2: Building Self-Confidence and Communication Skills</u></p> <ul style="list-style-type: none"> • To identify factors that strengthen self-confidence • To practice listening and responding effectively • To identify ways to act responsibly • To understand the importance of respecting yourself and others • To learn and practice a six-step approach for making positive decisions 	<p><u>National Standards</u> 3, 4, 6, 12</p> <p><u>In Pennsylvania</u> <i>Reading Critically</i></p> <ul style="list-style-type: none"> • 1.2.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> • 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> • 1.5.8.D-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F 	<p><u>National Standards</u> 1, 2, 4</p> <p><u>In Pennsylvania</u> <i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> • 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> • 8.3.6.A 	<p><u>National Standards</u> 3, 5, 6 (Health) 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Healthful Living</i></p> <ul style="list-style-type: none"> • 10.2.6.A, 10.2.6.D <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> • 10.3.6.A, 10.3.6.A <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> • 11.2.6.A, 11.2.6.C, 11.2.6.H



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<p><u>Unit 3 – Managing Emotions in Positive Ways</u></p> <ul style="list-style-type: none"> To understand that young adolescents experience a wide range of emotions and that these emotions are normal. To become more aware of the range of emotions different people may experience in response to the same situation. To better understand how others’ words and actions can influence our emotions and how our words and actions can affect others. To practice making positive decisions in situations that involve strong emotions. 	<p><u>National Standards</u> 3, 4, 12</p> <p><u>In Pennsylvania</u> <i>Reading Critically</i></p> <ul style="list-style-type: none"> 1.2.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> 1.5.8.D-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F 	<p><u>National Standards</u> 4, 5, 10</p> <p><u>In Pennsylvania</u> <i>Rights and Responsibilities of Citizenship</i></p> <ul style="list-style-type: none"> 5.2.6.A-G <p><i>World History</i></p> <ul style="list-style-type: none"> 8.4.6.A, 8.4.6.C 	<p><u>National Standards</u> 3, 6 (Health) 12, 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Healthful Living</i></p> <ul style="list-style-type: none"> 10.2.6.A, 10.2.6.D <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> 10.3.6.A <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> 11.2.6.A, 11.2.6.C, 11.2.6.H



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<p><u>Unit 4 – Improving Peer Relationships</u></p> <ul style="list-style-type: none"> • To learn ways to establish and strengthen healthy, mutually respectful friendships. • To recognize and practice resisting peer pressure. • To identify different ways of responding to intimidating and bullying behaviors. • To learn ways to hand conflict in peer relationships. 	<p><u>National Standards</u> 1, 3, 4, 7, 8, 9, 12</p> <p><i>In Pennsylvania</i> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> • 1.1.8.A, 1.1.8.G <p><i>Reading Critically</i></p> <ul style="list-style-type: none"> • 1.2.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> • 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> • 1.5.8.D-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F <p><i>Characteristics and function of Language</i></p> <ul style="list-style-type: none"> • 1.7.8.A <p><i>Research</i></p> <ul style="list-style-type: none"> • 1.8.8.A-C 	<p><u>National Standards</u> 1, 4</p> <p><i>In Pennsylvania</i> <i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> • 7.3.6.B 	<p><u>National Standards</u> 4, 5 (Health) 13 (FCS)</p> <p><i>In Pennsylvania</i> <i>Healthful Living</i></p> <ul style="list-style-type: none"> • 10.2.6.C <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> • 10.3.6.A, 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> • 11.2.6.A, 11.2.6.C, 11.2.6.H



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<p><u>Unit 5 – Strengthening Family Relationships</u></p> <ul style="list-style-type: none"> • To better understand the family’s role in the nurturing and development of its members. • To increase our appreciation of the heritage and background of our own families and other families. • To learn how families have changed over the years. • To find more ways to use positive skills from the <i>Skills for Adolescence</i> program at home. • To focus on ways family members can enjoy time together. 	<p><u>National Standards</u> 1, 2, 4, 7, 8, 9</p> <p><u>In Pennsylvania</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> • 1.1.8.A, 1.1.8.G <p><i>Reading, Analyzing and Interpreting Literature</i></p> <ul style="list-style-type: none"> • 1.3.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> • 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> • 1.5.8.D-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.E <p><i>Characteristics and function of Language</i></p> <ul style="list-style-type: none"> • 1.7.8.A <p><i>Research</i></p> <ul style="list-style-type: none"> • 1.8.8.A-C 	<p><u>National Standards</u> 1, 2, 4</p> <p><u>In Pennsylvania</u> <i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> • 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> • 8.3.6.A 	<p><u>National Standards</u> 5, 7 (Health) 6 (FCS)</p> <p><u>In Pennsylvania</u> <i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> • 10.3.6.A, 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> • 11.2.6.E, 11.2.6.F, 11.2.6.G



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<p><u>Unit 6, Year 1 – Making Healthy Choices</u> (Influences, Tobacco, Alcohol, Marijuana, Other Drugs, Pressure to Use, Standing Up to Pressure)</p> <ul style="list-style-type: none"> To recognize that using alcohol, tobacco, marijuana, and other drugs is not the norm among young people and to have a personal commitment not to use drugs. To recognize the social pressures that influence tobacco, alcohol, marijuana, and other drug use and to build support for non-use. To develop the self-management, problem-solving, stress reduction and assertiveness/refusal skills that help prevent drug use. To learn accurate, age-appropriate information about the impact of drug use on a young person’s health, friendships, interests, and future goals. To strengthen the connections with friends, family, and community members who support healthy choices and well-being. 	<p><u>National Standards</u> 1, 3, 4, 5, 6, 7, 8, 12</p> <p><u>In Pennsylvania</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> 1.1.8.A, 1.1.8.G <p><i>Reading Critically</i></p> <ul style="list-style-type: none"> 1.2.8.A, 1.2.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> 1.5.8.A-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F <p><i>Research</i></p> <ul style="list-style-type: none"> 1.8.8.A-C 	<p><u>National Standards</u> 1, 2, 4, 7</p> <p><u>In Pennsylvania</u> <i>Economic Systems</i></p> <ul style="list-style-type: none"> 6.1.6.A, 6.1.6.B <p><i>Markets and the Functions of Government</i></p> <ul style="list-style-type: none"> 6.2.6.A, 6.2.6.B <p><i>Scarcity and Choice</i></p> <ul style="list-style-type: none"> 6.3.6.A <p><i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> 8.3.6.A 	<p><u>National Standards</u> 1, 2, 3, 4, 5, 6, 7 (Health) 6, 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Concepts of Health</i></p> <ul style="list-style-type: none"> 10.1.6.A, 10.1.6.D, 10.1.6.E <p><i>Healthful Living</i></p> <ul style="list-style-type: none"> 10.2.6.A, 10.2.6.B, 10.2.6.C, 10.2.6.D, 10.2.6.E <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> 10.3.6.A, 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> 11.2.6.E, 11.2.6.F, 11.2.6.G, 11.2.6.H



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<p><u>Unit 6, Year 2 – Making Healthy Choices</u> (What’s Important to You, Myths and Facts About Drugs, Tobacco, Alcohol, Illicit Drugs, Dealing with Anxiety and Stress, Handling Social Pressures, Thinking Critically, Reaching Out to Others)</p> <ul style="list-style-type: none"> Unit Goals for Year 2 are the same as those for Year 1. 	<p><u>National Standards</u> 1, 3, 4, 5, 6, 7, 8, 12</p> <p><u>In Pennsylvania</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> 1.1.8.A, 1.1.8.G <p><i>Reading Critically</i></p> <ul style="list-style-type: none"> 1.2.8.A, 1.2.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> 1.5.8.A-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F <p><i>Research</i></p> <ul style="list-style-type: none"> 1.8.8.A-C 	<p><u>National Standards</u> 1, 2, 4, 7</p> <p><u>In Pennsylvania</u> <i>Economic Systems</i></p> <ul style="list-style-type: none"> 6.1.6.A, 6.1.6.B <p><i>Markets and the Functions of Government</i></p> <ul style="list-style-type: none"> 6.2.6.A, 6.2.6.B <p><i>Scarcity and Choice</i></p> <ul style="list-style-type: none"> 6.3.6.A <p><i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> 8.3.6.A 	<p><u>National Standards</u> 1, 2, 3, 4, 5, 6, 7 (Health) 6, 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Concepts of Health</i></p> <ul style="list-style-type: none"> 10.1.6.A, 10.1.6.D, 10.1.6.E <p><i>Healthful Living</i></p> <ul style="list-style-type: none"> 10.2.6.A, 10.2.6.B, 10.2.6.C, 10.2.6.D, 10.2.6.E <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> 10.3.6.A, 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> 11.2.6.E, 11.2.6.F, 11.2.6.G, 11.2.6.H



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<p><u>Unit 6 – Year 3 – Making Healthy Choices</u> (Identifying Problems and Resources, Deciding on a Drug Prevention Project, Planning and Acting, Reflection and Celebration, Family Forum)</p> <ul style="list-style-type: none"> To choose, plan, and carry out a drug prevention service-learning project in the school or community. To serve as positive role models for peers and younger students by taking action against drug use. To reinforce and strengthen individual and peer support for not using tobacco, alcohol, and other drugs. 	<p><u>National Standards</u> 1, 3, 4, 5, 6, 7, 8, 12</p> <p><u>In Pennsylvania</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> 1.1.8.A, 1.1.8.G <p><i>Reading Critically</i></p> <ul style="list-style-type: none"> 1.2.8.A, 1.2.8.B <p><i>Types of Writing</i></p> <ul style="list-style-type: none"> 1.4.8.B, 1.4.8.C <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> 1.5.8.A-G <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F <p><i>Research</i></p> <ul style="list-style-type: none"> 1.8.8.A-C 	<p><u>National Standards</u> 1, 2, 4, 7</p> <p><u>In Pennsylvania</u> <i>Economic Systems</i></p> <ul style="list-style-type: none"> 6.1.6.A, 6.1.6.B <p><i>Markets and the Functions of Government</i></p> <ul style="list-style-type: none"> 6.2.6.A, 6.2.6.B <p><i>Scarcity and Choice</i></p> <ul style="list-style-type: none"> 6.3.6.A <p><i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> 8.3.6.A 	<p><u>National Standards</u> 1, 2, 3, 4, 5, 6, 7 (Health) 6, 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Concepts of Health</i></p> <ul style="list-style-type: none"> 10.1.6.A, 10.1.6.D, 10.1.6.E <p><i>Healthful Living</i></p> <ul style="list-style-type: none"> 10.2.6.A, 10.2.6.B, 10.2.6.C, 10.2.6.D, 10.2.6.E <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> 10.3.6.A, 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> 11.2.6.E, 11.2.6.F, 11.2.6.G, 11.2.6.H



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<p><u>Unit 7 – Setting Goals for Healthy Living</u></p> <ul style="list-style-type: none"> • To plan for the future. • To understand that achieving goals requires a sense of purpose, commitment, and self-discipline. • To learn and practice a seven-step goal-setting process. • To identify and seek out positive role models. • To learn ways to deal with the challenges involved in working toward goals. 	<p><u>National Standards</u> 1, 2, 3, 5, 6, 7, 8, 12</p> <p><u>In Pennsylvania</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> • 1.1.8.A, 1.1.8.G <p><i>Reading Critically</i></p> <ul style="list-style-type: none"> • 1.2.8.A, 1.2.8.B <p><i>Reading, Analyzing and Interpreting Literature</i></p> <ul style="list-style-type: none"> • 1.3.8.F <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> • 1.5.8.A-C <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F <p><i>Research</i></p> <ul style="list-style-type: none"> • 1.8.8.A-C 	<p><u>National Standards</u> 2, 4</p> <p><u>In Pennsylvania</u> <i>United States History</i></p> <ul style="list-style-type: none"> • 8.3.6.A 	<p><u>National Standards</u> 6 (Health)</p> <p><u>In Pennsylvania</u> <i>Balancing Family, Work and Community Responsibility</i></p> <ul style="list-style-type: none"> • 11.2.6.F, 11.2.6.G



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<p><u>SUMMING UP: Developing Your Potential</u></p> <ul style="list-style-type: none"> • Review the key skills taught in the program. • Describe how specific skills, knowledge, and positive attitudes learned in the program build self-confidence and strengthen relationships. • Identify ways each person contributed to the class during the course. • Review the ways that participating in the program has made a positive difference in the lives of students and others in the school and community. 	<p><u>National Standards</u> 5, 6, 12</p> <p><u>In Pennsylvania</u> <i>Reading Critically</i></p> <ul style="list-style-type: none"> • 1.2.8.A <p><i>Quality of Writing</i></p> <ul style="list-style-type: none"> • 1.5.8.A-C <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F 	<p><u>National Standards</u></p> <p><u>In Pennsylvania</u></p>	<p><u>National Standards</u> 5, 6 (Health) 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Healthful Living</i></p> <ul style="list-style-type: none"> • 10.2.6.D <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> • 10.3.6.A, 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> • 11.2.6.A, 11.2.6.C, 11.2.6.H



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Connections with Pennsylvania Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education (3)/ Family & Consumer Science (4)
<p><u>SERVICE-LEARNING</u></p> <ul style="list-style-type: none"> • To apply academic knowledge and interactive skills to address important school and community needs. • To discover new interests and abilities. • To work cooperatively and take leadership roles. • To reinforce the value of caring about and helping others. 	<p>Depending on the project selected:</p> <p><u>National Standards</u> 1, 2, 7, 8, 12</p> <p><u>In Pennsylvania</u> <i>Learning to Read Independently</i></p> <ul style="list-style-type: none"> • 1.1.8.A, 1.1.8.G <p><i>Reading, Analyzing and Interpreting Literature</i></p> <ul style="list-style-type: none"> • 1.3.8.F <p><i>Research</i></p> <ul style="list-style-type: none"> • 1.8.8.A-C <p><i>Speaking and Listening</i></p> <ul style="list-style-type: none"> • 1.6.8.A, 1.6.8.C, 1.6.8.E, 1.6.8.F 	<p>Depending on the project selected:</p> <p><u>National Standards</u> 1, 2, 4, 5, 6, 10</p> <p><u>In Pennsylvania</u> <i>Documents and Principles of Government</i></p> <ul style="list-style-type: none"> • 5.1.6.A-C, 5.1.6.J <p><i>Rights and Responsibilities of Citizenship</i></p> <ul style="list-style-type: none"> • 5.2.6.A-G <p><i>How Government Works</i></p> <ul style="list-style-type: none"> • 5.3.6.C, 5.3.6.H <p><i>Human Characteristics of Places and Regions</i></p> <ul style="list-style-type: none"> • 7.3.6.B <p><i>United States History</i></p> <ul style="list-style-type: none"> • 8.3.6.A <p><i>World History</i></p> <ul style="list-style-type: none"> • 8.4.6.A, 8.4.6.C 	<p>Depending on the project selected:</p> <p><u>National Standards</u> 2, 4, 7 (Health) 7, 13 (FCS)</p> <p><u>In Pennsylvania</u> <i>Concepts of Health</i></p> <ul style="list-style-type: none"> • 10.1.6.A <p><i>Healthful Living</i></p> <ul style="list-style-type: none"> • 10.2.6.B, 10.2.6.C, 10.2.6.D <p><i>Safety and Injury Prevention</i></p> <ul style="list-style-type: none"> • 10.3.6.C <p><i>Balancing Family, Work and Community Responsibilities</i></p> <ul style="list-style-type: none"> • 11.2.6.A, 11.2.6.C, 11.2.6.F, 11.2.6.G, 11.2.6.H



LIONS QUEST *Skills For Adolescence*

Connections with Pennsylvania Standards

References:

1. *National Council of Teachers of English* (www.ncte.org) and *International Reading Association Standards for English Language Arts* (www.reading.org)
2. *National Council for the Social Studies Curriculum Standards*, National Council on Social Studies (www.ncss.org)
3. *National Standards for Health Education*, Centers for Disease Control and Prevention (www.cdc.gov)
4. *National Standards for Family and Consumer Science* (www.doe.state.in.us)
5. *Pennsylvania Academic Standards for Reading, Writing, Speaking and Listening* (www.pde.state.pa.us)
6. *Pennsylvania Academic Standards for Civics and Government* (www.pde.state.pa.us)
7. *Pennsylvania Academic Standards for Economics* (www.pde.state.pa.us)
8. *Pennsylvania Academic Standards for Geography* (www.pde.state.pa.us)
9. *Pennsylvania Academic Standards for History* (www.pde.state.pa.us)
10. *Pennsylvania Academic Standards for Health, Safety and Physical Education* (www.pde.state.pa.us)
11. *Pennsylvania Academic Standards for Family and Consumer Sciences* (www.pde.state.pa.us)