



A Program of Lions Clubs International Foundation

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 1: The Teen Years	National Standards 1, 2, 4, 5, 6, 7, 9, 10	National Standards 1, 2, 4, 5, 10	National Standards 1, 2, 3, 6
<ul style="list-style-type: none"> Lesson 1: Orientation and Learning Names 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 		
<ul style="list-style-type: none"> Lesson 2: Establishing Classroom Agreements 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 5.0 – B(1), language 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 1.0 – A(1), communication
<ul style="list-style-type: none"> Lesson 3: Replacing Put-Downs with Put-Ups 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 4.0 – A(2a), composing presentations 7.0 – A(1a-1e), speaking 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 2.0 – A(1b), cultural comparisons 	
<ul style="list-style-type: none"> Lesson 4: Getting to Know You – Classmate Interview 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 4.0 – A(2a), composing presentations 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 5: Getting to Know You – Adult Interview 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2a), composing presentations 4.0 – A(2e), journaling 		
<ul style="list-style-type: none"> Lesson 6: My Journal – A Reflection of Me 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2a), composing presentations 4.0 – A(2e), journaling 		
<ul style="list-style-type: none"> Lesson 7: Look at What's Happening to Me 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – B(1), emotions 1.0 – C(1a), personal well-being 4.0 – C(1a), changes during puberty
<ul style="list-style-type: none"> Lesson 8: Positive Values – Guideposts for Living 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 2.0 – A(1b), cultural comparisons 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 1.0 – A(1), communication
<ul style="list-style-type: none"> Lesson 9: Making Sense of Adolescence 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 5.0 – C(2), D(2), grammar 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 1.0 – A(1), communication



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 10: Setting a Positive Goal 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – A(1), communication <u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – D(1a, 1b), decision making <u>Grade 8</u> <ul style="list-style-type: none"> 1.0 – I(1), setting personal goals

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Year 2, Lesson 1: String along with Me	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> • 4.0 – A(2e), journaling • 6.0 – A(1), listening • 7.0 – A(1a-1e), speaking 		<u>Grades 6,7,8</u> <ul style="list-style-type: none"> • 1.0 – A(1), communication
Year 2, Lesson 2: Keys to Cooperation	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> • 4.0 – A(2e), journaling • 6.0 – A(1), listening • 7.0 – A(1a-1e), speaking 		<u>Grades 6,7,8</u> <ul style="list-style-type: none"> • 1.0 – A(1), communication
Year 3, Lesson 1: Bounce Game	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> • 4.0 – A(2e), journaling • 6.0 – A(1), listening • 7.0 – A(1a-1e), speaking 		
Year 3, Lesson 2: Rights and Responsibilities	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> • 4.0 – A(2e), journaling • 6.0 – A(1), listening • 7.0 – A(1a-1e), speaking 	<u>Grade 8</u> <ul style="list-style-type: none"> • 1.0 – C(1a, 1b), protecting rights 	
Applications Across the Curriculum	<ul style="list-style-type: none"> • Write theme-related stories <ul style="list-style-type: none"> - 4.0 – A(2) - 4.0 – A(3a, 3b) • Identify character traits for healthy living <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a) - 5.0 – B(2a) 		<ul style="list-style-type: none"> • Identify normal changes that occur during adolescence <ul style="list-style-type: none"> - 4.0 – C(1b) • Accept responsibility for healthy living <ul style="list-style-type: none"> - 3.0 – A(1a, 1b) - 1.0 – C(1a, 1b) • Identify character traits for healthy living <ul style="list-style-type: none"> - 1.0 – C(1a), E(1a)

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 2: Building Self-Confidence and Communication Skills	National Standards 3, 4, 6, 12	National Standards 1, 2, 4	National Standards 3, 5, 6
<ul style="list-style-type: none"> Lesson 1: The Three-Legged Stool of Self-Confidence Lesson 2: sharing Success Lesson 3: Are You Listening? Lesson 4: The Art of Effective Listening Lesson 5: Respecting Yourself and Others Lesson 6: You can Do It If You Think You Can 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> 6.0 – A(1a, 1b), listening 7.0 – A(1a, 1b), speaking <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 6.0 – A(1a, 1b), listening 7.0 – A(1a, 1b), speaking <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 6.0 – A(1a, 1b), listening 7.0 – A(1a, 1b), speaking <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 2.0 – A(1), comprehension skills 2.0 – A(4b), explain author's opinion 2.0 – A(1i), use of text 6.0 – A(1a, 1b), listening 7.0 – A(1a, 1b), speaking 	<p>Grade 6</p> <ul style="list-style-type: none"> 1.0 – H(7a, 7b), self image <p>Grade 6.8</p> <ul style="list-style-type: none"> 1.0 – C(1a, 1b), personal well-being <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 1.0 – A(1a) <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 1.0 – A(1a) <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 1.0 – A(1a) 	<p>Grade 6</p> <ul style="list-style-type: none"> 1.0 – C(1), personal well-being 1.0 – E(1), personal assets and strengths

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Lesson 7: Growing in Responsibility	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), comprehension skills • 6.0 – A(1a, 1b), listening • 7.0 – A(1a, 1b), speaking 	<u>Grade 8</u> <ul style="list-style-type: none"> • 1.0 – C(1a, 1b), protecting rights • 5.0 – A(1a), social responsibility 	<u>Grades 6</u> <ul style="list-style-type: none"> • 1.0 – D(1a), decisions and behavior <u>Grade 8</u> <ul style="list-style-type: none"> • 1.0 – B(1a), responsibility for personal health behavior
Lesson 8: Stepping Up to Good Decisions	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 6.0 – A(1a, 1b), listening • 7.0 – A(1a, 1b), speaking 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 1.0 – D(1a, 1b), decision making
Applications Across the Curriculum	<ul style="list-style-type: none"> • Practice listening and responding effectively <ul style="list-style-type: none"> - 6.0 – A(1a-1c) - 7.0 – A(1a-1e) 	<ul style="list-style-type: none"> • Understanding the importance of respecting others <ul style="list-style-type: none"> - 2.0 – A(1a) 	<ul style="list-style-type: none"> • Identifying factors that strengthen self-confidence <ul style="list-style-type: none"> - 1.0 – C(1b) • Understanding the importance of respecting others <ul style="list-style-type: none"> - 1.0 – A(1c) • Learn and practice a six-step approach for making decisions <ul style="list-style-type: none"> - 1.0 – D(1a) • Practicing listening and responding effectively <ul style="list-style-type: none"> - 1.0 – A(1a, 1b)

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 3 – Managing Emotions in Positive Ways	National Standards 3, 4, 12	National Standards 4, 5, 10	National Standards 3, 6
<ul style="list-style-type: none"> Lesson 1: Exploring Emotions 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1a, 1b), listening 7.0 – A(1a, 1b), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), respecting others 	<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – A(1a), communication 1.0 – B(1a), emotions
<ul style="list-style-type: none"> Lesson 2: A Drop in the Bucket 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2), compose presentations 4.0 – A(2e), journaling 5.0 – C(2), D(2), grammar 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – B(1a), emotions and behavior 1.0 – H(7a), external/ internal influences on self-image
<ul style="list-style-type: none"> Lesson 3: The Pits and the Peaks, Part 1 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – B(1a), emotions and behavior
<ul style="list-style-type: none"> Lesson 4: The Pits and the Peaks, Part 2 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – B(1a), emotions and behavior 1.0 – D(1b), decision making
<ul style="list-style-type: none"> Lesson 5: Understanding Our Anger Buttons 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – F(1a-1c), stress situations

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> • Lesson 6: Keeping Cool When You're Hot 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a, 2e), Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a), listening • 7.0 – A(1a-1e), speaking 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 6.0 – D(2a-2c), research and report on anger management 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 1.0 – A(1a, 1b), communication • 1.0 – F(1c), managing stress
<ul style="list-style-type: none"> • Lesson 7: Communicating with "What, Why, and How" Messages 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 1.0 – B(1a), emotions and behavior • 1.0 – D(1b), external/ internal influences on behavior
<ul style="list-style-type: none"> • Lesson 8: Spotlight on Stress 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a, 2e), Internet research • 4.0 – A(7a-7e), locate/use information • 4.0 – A(2e), journaling 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 6.0 – D(2a-2c), research and report on stress management 	<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 1.0 – F(1a-1c), factors associated with stress
<ul style="list-style-type: none"> • Lesson 9: Keeping Cool About Decisions 	<p><u>Grade 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a, 2e), Internet research • 4.0 – A(7a-7e), locate/use information • 4.0 – A(2e), journaling • 5.0 – C(2), D(2), grammar, spelling 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 1.0 – D(1), decision making • 1.0 – F(1a-1c), factors associated with stress



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 10: Planning a New Service-Learning Project 	Grade 6.7.8 <ul style="list-style-type: none"> 4.0 – A(2e), journaling 	Grades 6.7.8 <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on potential service topics/issues 	Grade 6 <ul style="list-style-type: none"> 1.0 – D(1a-1c), how individual/group choices affect collaboration
Applications Across the Curriculum	<ul style="list-style-type: none"> Combine poetry and emotion <ul style="list-style-type: none"> 4.0 – A(2b) Read and discuss young adult literature <ul style="list-style-type: none"> 3.0 – A(1a) 7.0 – A(1a-1e) Introduce aerobic exercise to reduce stress and manage anger <ul style="list-style-type: none"> 2.0 – A(2e) Generate posters of quotations about emotions <ul style="list-style-type: none"> 2.0 – A(2e) 	<ul style="list-style-type: none"> Get to know community resources <ul style="list-style-type: none"> 2.0 – A(1b) 6.0 – D(2a-2c) 	<ul style="list-style-type: none"> Create a class rainbow of emotions <ul style="list-style-type: none"> 1.0 – B(1a) Make music to show emotions <ul style="list-style-type: none"> 1.0 – B(1a) Make a pits-to-peak collage <ul style="list-style-type: none"> 1.0 – B(1a) Study body's response to stress and calming activities <ul style="list-style-type: none"> 1.0 – F(1a, 1b) Learn about connection between stress and healthy eating <ul style="list-style-type: none"> 1.0 – C(1b) 1.0 – F(1c) 6.0 – G(1b) Introduce aerobic exercise to reduce stress and manage anger <ul style="list-style-type: none"> 1.0 – F(1c) Generate posters of quotations about emotions <ul style="list-style-type: none"> 1.0 – B(1)

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 4 – Improving Peer Relationships	<u>National Standards</u> 1, 3, 4, 7, 8, 9, 12	<u>National Standards</u> 1, 4	<u>National Standards</u> 4, 5
<ul style="list-style-type: none"> Lesson 1: Building Friendships 	<u>Grade 6</u> <ul style="list-style-type: none"> 6.0 – 4(1a-1c), listening <u>Grade 7</u> <ul style="list-style-type: none"> 6.0 – 4(1b), listening <u>Grade 8</u> <ul style="list-style-type: none"> 6.0 – 4(1a, 1b) <u>Grades 6.7.8</u> <ul style="list-style-type: none"> 3.0 – A(1a, 2a), reading comprehension 4.0 – A(1a), writing 4.0 – A(2e), journaling 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<ul style="list-style-type: none"> Lesson 2: Wanted: Friends 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 3.0 – A(1a, 2a), reading comprehension 4.0 – A(2e), journaling 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – E(1c), personal assets and strengths 1.0 – H(7a, 7b), external/internal influences on self-image
<ul style="list-style-type: none"> Lesson 3: From Friendship Cliques to Friendship Checking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a, 2e), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information \ 6.0 – A(1a-1c), listening 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), if issue of understanding/ appreciating cultural differences are involved 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – A(1a-1C), communication

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 4: Dealing with Intimidation 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a, 2e), Internet research 3.0 – A(1a, 2a), reading comprehension 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), if issues of understanding/appreciating cultural differences are involved 	<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – F(1a-1c), stress 1.0 – H(7a), external influences on self image <p><u>Grade 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<ul style="list-style-type: none"> Lesson 5: Selecting Friends 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a, 2e), Internet research 3.0 – A(1a, 2a), reading comprehension 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – C(1a-1c), personal well-being 1.0 – D(1a, 1b), decision making 1.0 – F(1a-1c), stress factors 1.0 – H(7a, 7b), external/internal influences on self image
<ul style="list-style-type: none"> Lesson 6: Pressure: Inside and Out 	<p><u>Grade 6.7.8</u></p> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), understanding pressure related to values, beliefs 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – F(1a-1c), stress factors 1.0 – H(7a, 7b), external/internal influences on self image

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 7: Three Steps to Stand Up for Yourself 	<u>Grade 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – B(1a), emotions and behavior 1.0 – D(1a, 1b), decision making 1.0 – F(1a-1c), stress management 1.0 – H(7a, 7b), external/internal influences on self-image
<ul style="list-style-type: none"> Lesson 8: Friendship: It Takes Two 	<u>Grade 6,7,8</u> <ul style="list-style-type: none"> 2.0 – A(1a, 2e), reading comprehension 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – E(1a), personal assets and strengths 1.0 – H(7a-7c), external/internal influences on self-image
<ul style="list-style-type: none"> Lesson 9: Handling Conflict in Friendships 	<u>Grade 6,7,8</u> <ul style="list-style-type: none"> 2.0 – A(1a, 2e), reading comprehension 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to conflict management 	<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – F(1a-1c), stress coping skills <u>Stress 7</u> <ul style="list-style-type: none"> 1.0 – G(1a-1d), conflict resolution
<ul style="list-style-type: none"> Lesson 10: Service-Learning Project 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 	<u>Grades 6,7,8</u> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to service topic/issue 	<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – D(1a-1c), how individual/group choices affect collaboration

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Applications Across the Curriculum	<ul style="list-style-type: none"> • Research and write a story about friendship <ul style="list-style-type: none"> - 2.0 – A(1a, 2e) - 3.0 – A(1) - 4.0 – A(2a) • Write poetry inspired by friendship <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2b) • Read and discuss stories that depict intimidating or bullying behavior <ul style="list-style-type: none"> - 2.0 – A(1a) - 3.0 – A(1a) - 4.0 – A(7a-7e) - 6.0 – A(1a-1c) • Plan a friendship festival <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a, 7a-7e) - 6.0 – A(1a-1c) • Examine historical events that involve intimidation and force <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a, 7a-7e) • Collaborate on a play about friendship <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a) - 4.0 – A(7a-7e) • Identify situations to avoid due to overwhelming peer pressure and the likelihood of troublesome consequences <ul style="list-style-type: none"> - 2.0 – A(1a) - 3.0 – A(1a) - 4.0 – A(7a-7e) 	<ul style="list-style-type: none"> • Examine historical events that involve intimidation and force <ul style="list-style-type: none"> - 5.0 – C(1b) - 6.0 – A(3a, 4a-4d) - 6.0 – C(2a-2e) - 6.0 – D(1a-1d) - 6.0 – F(1a-1e, 2a-2d, 3a) 	<ul style="list-style-type: none"> • Identify situations to avoid due to overwhelming peer pressure and the likelihood of troublesome consequences <ul style="list-style-type: none"> - 1.0 – D(1a, 1b) - 1.0 – G(1a-1d) • Create and perform puppet shows on resolving conflicts for younger children <ul style="list-style-type: none"> - 1.0 – G(1a-1d) • Interview senior citizens about friendships <ul style="list-style-type: none"> - 1.0 – A(1a-1c) • Recognize different people's points of view <ul style="list-style-type: none"> - 1.0 – A(1a-1c) • Perform monologues based on resisting peer pressure <ul style="list-style-type: none"> - 1.0 – F(1a-1c) - 1.0 – G(1a-1d)

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 5 – Strengthening Family Relationship	National Standards 1, 2, 4, 7, 8, 9	National Standards 1, 2, 4	National Standards 5, 7
<ul style="list-style-type: none"> • Lesson 1: The Family Connection 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a-1c), listening 	<u>Grade 6</u> <ul style="list-style-type: none"> • 2.0 – A(1b), how culture shapes families <u>Grade 7</u> <ul style="list-style-type: none"> • 2.0 – A(1a), understanding other cultures 	<u>Grades 7.8</u> 4.0 – D(1a, 1b), relationships
<ul style="list-style-type: none"> • Lesson 2: Families of the Past 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), research on families • 4.0 – A(2e), journals • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a-1c, 2a-2e), listening • 7.0 – A(1a-1e), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 6.0 – D(2a-2c), research and report on issues related to families 	<u>Grades 6.7.8</u> 1.0 – A(1a-1c), communication
<ul style="list-style-type: none"> • Lesson 3: Roots and Wings – Sharing a Family Symbol 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), research on families • 4.0 – A(2e), journals • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a-1c, 2a-2e), listening • 7.0 – A(1a-1e), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), culture and families • 6.0 – C(2a-2f), research on families 	<u>Grades 7.8</u> <ul style="list-style-type: none"> • 1.0 – A(1a-1c), communication • 4.0 – D(1a, 1b), family histories, uniqueness

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 4: Taking Skills Home – Part 1 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<ul style="list-style-type: none"> Lesson 5: Taking Skills Home – Part 2 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<ul style="list-style-type: none"> Lesson 6: You and Your Family 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(2a), oral presentations 4.0 – A(2e), journaling 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), how families are shaped by culture, values, beliefs 6.0 – A(D(1a-1d), acquire information on families 	<u>Grade 7.8</u> <ul style="list-style-type: none"> 4.0 – D(1a-1c), healthy relationships
<ul style="list-style-type: none"> Lesson 7: Family Treasures 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(7a-7e), locate/use information 4.0 – A(2e), journaling 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		
Applications Across the Curriculum	<ul style="list-style-type: none"> Create a book of family stories <ul style="list-style-type: none"> 4.0 – A(1a, 1b) 4.0 – A(3a-3c) 6.0 – A(1a-1g) 	<ul style="list-style-type: none"> Study the role of elder family members across several cultures <ul style="list-style-type: none"> 2.0 – A(1a) 6.0 – B(1), D(1a-1d) 	<ul style="list-style-type: none"> Explore work and childhood <ul style="list-style-type: none"> 4.0 – D(1a, 1b)

	<ul style="list-style-type: none"> • Improve the relationships in a TV show or movie using SFA skills <ul style="list-style-type: none"> - 6.0 – A(2a-2e) • Explore music of different generations <ul style="list-style-type: none"> - 4.0 – A(2e) • Plan an evening of family fun and entertainment <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(7a-7e) • Create posters that help other students at school appreciate their families <ul style="list-style-type: none"> - 7.0 – A(1a-1e) 	<ul style="list-style-type: none"> • Learn about the Orphan Trains in the U.S. in the early 1900s <ul style="list-style-type: none"> - 6.0 – D(1a-1d) • Explore music of different generations <ul style="list-style-type: none"> - 6.0 – D(1a-1d) • Plan an evening of family fun and entertainment <ul style="list-style-type: none"> - 6.0 – D(1a-1d) • Learn about families from different cultures <ul style="list-style-type: none"> - 6.0 – D(1b) • Create family maps and trees <ul style="list-style-type: none"> - 6.0 – D(1a-1d) 	
--	--	--	--

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 6, Year 1 – Making Healthy Choices	<u>National Standards</u> 1, 3, 4, 5, 6, 7, 8, 12	<u>National Standards</u> 1, 2, 4, 7	<u>National Standards</u> 1, 2, 3, 4, 5, 6, 7
<ul style="list-style-type: none"> Lesson 1: Looking Ahead 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2a, 2b), PSAs 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – C(1a, 1b), personal well-being <u>Grade 8</u> <ul style="list-style-type: none"> 1.0 – I(1a) setting personal goals
<ul style="list-style-type: none"> Lesson 2: Thinking About Influences 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 		<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – D(1b), decision making 1.0 – H(7a, 7b), external/internal pressures
<ul style="list-style-type: none"> Lesson 3: Tobacco: How Does It Affect Young People 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e) locate/use information 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to tobacco use 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – A(1a, 1b), communication <u>Grade 6</u> <ul style="list-style-type: none"> 2.0 – B(1a-1e, 2), effects of tobacco <u>Grade 7</u> <ul style="list-style-type: none"> 2.0 – B(1), effects of tobacco

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 4: Tobacco: Why Start? 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 6.0 – A(1a), listening 7.0 – A(1a-1e), speaking 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – A(1a, 1b), communication 1.0 – D(1a, 1b), decision making 2.0 – B(1f), strategies for a tobacco free environment
<ul style="list-style-type: none"> Lesson 5: Alcohol: What's True and What's Not 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 6.0 – A(1a), listening 7.0 – A(1a-1e), speaking 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to alcohol use 	<p><u>Grade 7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a, 1b), communication 2.0 – C(1a, 2a), alcohol facts
<ul style="list-style-type: none"> Lesson 6: Alcohol: How Does It Affect Young People 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 6.0 – A(1a), listening 7.0 – A(1a-1e), speaking 		<p><u>Grade 7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a, 1b), communication 2.0 – C(1a, 2a), alcohol facts

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 7: Countering Tobacco and Alcohol Advertising 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1b), media influences 4.0 – A(2e), journaling 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 2.0 – B(1f), strategies for a tobacco free environment <p><u>Grade 7</u></p> <ul style="list-style-type: none"> 1.0 – H(7a), self image and the media 2.0 – B(1a), prevention strategies 2.0 – C(2a), media influences
<ul style="list-style-type: none"> Lesson 8: Marijuana: How Does It Affect A Young Person? 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 6.0 – A(1a), listening 7.0 – A(1a-1e), speaking 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to marijuana use 	<p><u>Grade 7.8</u></p> <ul style="list-style-type: none"> 2.0 – E(1a-1c), marijuana
<ul style="list-style-type: none"> Optional Lesson About Drugs 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to use of other drugs 	<p><u>Grade 8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a-1d) 2.0 – F(1a-1c)

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 9: Examining Pressures to Use Drugs 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – D(1a, 1b), decision making 2.0 – B(1e), legal consequences of tobacco use <p><u>Grade 8</u></p> <ul style="list-style-type: none"> 1.0 – C(1c), well-being 2.0 – D(2), legal consequences of alcohol use <p><u>Grades 6.8</u></p> <ul style="list-style-type: none"> 3.0 - A(1a), personal health maintenance
<ul style="list-style-type: none"> Lesson 10: Standing Up to Pressure to Use Drugs 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.8</u></p> <ul style="list-style-type: none"> 1.0 – C(1a-1c), components of personal well-being 1.0 – D(1a), decision making 3.0 - A(1a), personal health maintenance
<ul style="list-style-type: none"> Lesson 11: Managing Stress 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to stress management 	<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication 1.0 – F(1a-1c), stress



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 12: Using Time Positively 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e)locate/use information 		<u>Grades 6.8</u> <ul style="list-style-type: none"> 1.0 – C(1a-1c), components of personal well-being
<ul style="list-style-type: none"> Lesson 13: Preparing Presentation 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(1b), writing 4.0 – A(2a), composing presentation 4.0 – A(3a), editing/refining 		
<ul style="list-style-type: none"> Lesson 14: Making Healthy Choices 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 7.0 – A(1a-1e), presentations 		
<ul style="list-style-type: none"> Lesson 15: Service-Learning Project Update 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 4.0 – A(2e), journals 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 6.0 – D(2a-2c), research and report on issues related to service topic/issue 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Applications Across the Curriculum			
<ul style="list-style-type: none"> • Create personal reflection journals <ul style="list-style-type: none"> - 4.0 – A(2e) • Develop PSAs for morning announcements <ul style="list-style-type: none"> - 2.0 – A(1a, 1b) - 4.0 – A(2a) - 4.0 – 7(1a-1e) • Write theme-related short stories, essays, poems <ul style="list-style-type: none"> - 4.0 – A(1a, 1b) - 4.0 – A(2b), - 4.0 – A(3a, 3b) - 4.0 – A(7a-7e) • Create an exhibit on the harm of drug use <ul style="list-style-type: none"> - 2.0 – A(1a, 1b) - 4.0 – A(1a, 1b) - 4.0 – A(7a-7e) • Research and report on issues related to drug use <ul style="list-style-type: none"> - 2.0 – A(1a, 1b) - 4.0 – A(7a-7e) - 7.0 – A(7a-7e) • Design ads that encourage healthy choices and a drug-free lifestyle for young people <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a) - 7.0 – A(1a-1e) 	<ul style="list-style-type: none"> • Conduct a school survey to assess student attitudes about tobacco use <ul style="list-style-type: none"> - 6.0 – D(2a-2c) • Research and report on issues related to drug use <ul style="list-style-type: none"> - 6.0 – D(2a-2c) 	<ul style="list-style-type: none"> • Conduct a demonstration of the effects of tobacco smoke <ul style="list-style-type: none"> - 2.0 – B(1a, 2a) • Create an exhibit on the harm of drug use <ul style="list-style-type: none"> - 2.0 – B(1a, 2a) - 2.0 – C(1a) - 2.0 – E(1a) • Research and report on issues related to drug use <ul style="list-style-type: none"> - 2.0 – B(1a, 1b, 1e) - 2.0 – C(1a-1c, 2a) - 2.0 – E(1c) • Examine the impact of dependence on the user, the family and the community <ul style="list-style-type: none"> - 2.0 – B(1a, 1c) - 2.0 – C(1a-1c) - 2.0 – E(1c) • Examine laws and penalties related to drug use <ul style="list-style-type: none"> - 2.0 – B(1e) - 2.0 – C(2a) - 2.0 – E(1c) • Create a "My Dreams for the Future" collage <ul style="list-style-type: none"> - 1.0 – B(1a, 1c) - 1.0 – H(7a, 7b) - 1.0 – I(1c, 1e) 	

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

	<ul style="list-style-type: none"> • Design and produce Making Healthy choices handbooks <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a) - 4.0 – A(7a-7e) • Use the Internet to gather information about drug issues <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(7a-7e) 		<ul style="list-style-type: none"> • Design ads that encourage healthy choices and a drug-free lifestyle for young people <ul style="list-style-type: none"> - 2.0 – B(1f) - 2.0 – C(2a) - 2.0 – E(1c) • Design and produce Making Healthy Choices handbooks <ul style="list-style-type: none"> - 3.0 – A(1a, 1b)
--	--	--	---



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
Unit 6, Year 2 – Making Healthy Choices	National Standards 1, 3, 4, 5, 6, 7, 8, 12	National Standards 1, 2, 4, 7	National Standards 1, 2, 3, 4, 5, 6, 7
<ul style="list-style-type: none"> Lesson 1: Getting Started 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<u>Grade 6</u> <ul style="list-style-type: none"> 2.0 – C(1a, 1b), personal well-being <u>Grade 8</u> <ul style="list-style-type: none"> 1.0 – I(1a), importance of setting goals
<ul style="list-style-type: none"> Lesson 2: What's Important to You? 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), reading comprehension, Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> Research and report on issues related to drug use <ul style="list-style-type: none"> 6.0 – D(2a-2c) 	<u>Grade 6</u> <ul style="list-style-type: none"> 1.0 – D(1b), decision making 1.0 – H(7a, 7b), external/internal pressures
<ul style="list-style-type: none"> Lesson 3: Myths and Facts About Drug Use – Part 1 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> 2.0 – A(1a), reading comprehension, Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> Research and report on issues related to drug use <ul style="list-style-type: none"> 6.0 – D(2a-2c) 	<u>Grade 6</u> <ul style="list-style-type: none"> 2.0 – B(1a-1e), tobacco 2.0 – B(2), tobacco <u>Grade 7</u> <ul style="list-style-type: none"> 2.0 – B(1), tobacco

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> • Lesson 4: Myths and Facts About Drug Use – Part 2 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a), reading comprehension, Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • Research and report on issues related to drug use <ul style="list-style-type: none"> - 6.0 – D(2a-2c) 	<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 2.0 – B(1a-1e), tobacco • 2.0 – B(2), tobacco <p><u>Grade 7</u></p> <ul style="list-style-type: none"> • 2.0 – B(1), tobacco
<ul style="list-style-type: none"> • Lesson 5: Tobacco: How Does it Affect Teenagers? 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a), reading comprehension, Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • Research and report on issues related to tobacco use <ul style="list-style-type: none"> - 6.0 – D(2a-2c) 	<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 2.0 – B(1a-1e), tobacco • 2.0 – B(2), tobacco <p><u>Grade 7</u></p> <ul style="list-style-type: none"> • 2.0 – B(1), tobacco
<ul style="list-style-type: none"> • Lesson 6: Alcohol: What are the Problems? 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a), reading comprehension, Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • Research and report on issues related to alcohol use <ul style="list-style-type: none"> - 6.0 – D(2a-2c) 	<p><u>Grades 7.8</u></p> <ul style="list-style-type: none"> • 2.0 – C(1a-1c, 2a), alcohol
<ul style="list-style-type: none"> • Lesson 7: Illicit Drugs: How Are They Harmful? 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a), reading comprehension, Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • Research and report on issues related to use of illicit drugs <ul style="list-style-type: none"> - 6.0 – D(2a-2c) 	<p><u>Grades 7.8</u></p> <ul style="list-style-type: none"> • 2.0 – E(1a-1d), marijuana



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 8: Dealing with Anxiety and Stress 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> 2.0 – A(1a), reading/Internet research on stress 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> Research and report on issues related to anxiety and stress - 6.0 – D(2a-2c) 	<p>Grade 6</p> <ul style="list-style-type: none"> 1.0 – F(1a-1c), stress <p>Grades 6.7.8</p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<ul style="list-style-type: none"> Lesson 9: Handling Social Pressures – Part 1 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> 2.0 – A(1a), reading/Internet research on stress 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> Research and report on issues handling social pressure - 6.0 – D(2a-2c) 	<p>Grade 6.8</p> <ul style="list-style-type: none"> 1.0 – C(1a-1c), components of personal well-being 1.0 – D(1a), decision making 3.0 – A(1a), personal health maintenance
<ul style="list-style-type: none"> Lesson 10: Handling Social Pressures – Part 2 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> 2.0 – A(1a), reading/Internet research on stress 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 	<p>Grades 6.7.8</p> <ul style="list-style-type: none"> Research and report on issues related to handling social pressure - 6.0 – D(2a-2c) 	<p>Grade 6.8</p> <ul style="list-style-type: none"> 1.0 – C(1a-1c), components of personal well-being 1.0 – D(1a), decision making 3.0 – A(1a), personal health maintenance

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 11: Thinking Critically About Media Messages 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1b), advertising 4.0 – A(2e), journaling 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – D(1b), media and decision making <p><u>Grade 7</u></p> <ul style="list-style-type: none"> 2.0 – C(2a), media influences <p><u>Grade 7</u></p> <ul style="list-style-type: none"> 2.0 – E(1c)
<ul style="list-style-type: none"> Lesson 12: Reaching Out to Others 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(2a), writing to persuade 2.0 – A(2e), journaling 6.0 – A(2a), listening 7.0 – A(1a-1e), speaking 		<p><u>Grade 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<p>Applications Across the Curriculum</p>	<ul style="list-style-type: none"> Create personal reflection journals <ul style="list-style-type: none"> 4.0 – A(2e) Develop PSAs for morning announcements <ul style="list-style-type: none"> 2.0 – A(1a, 1b) 4.0 – A(2a) 4.0 – 7(1a-1e) Write theme-related short stories, essays, poems <ul style="list-style-type: none"> 4.0 – A(1a, 1b) 4.0 – A(2b), 4.0 – A(3a, 3b) 4.0 – A(7a-7e) 	<ul style="list-style-type: none"> Conduct a school survey to assess student attitudes about tobacco use <ul style="list-style-type: none"> 6.0 – D(2a-2c) Research and report on issues related to drug use <ul style="list-style-type: none"> 6.0 – D(2a-2c) 	<ul style="list-style-type: none"> Conduct a demonstration of the effects of tobacco smoke <ul style="list-style-type: none"> 2.0 – B(1a, 2a) Create an exhibit on the harm of drug use <ul style="list-style-type: none"> 2.0 – B(1a, 2a) 2.0 – C(1a) 2.0 – E(1a) Research and report on issues related to drug use <ul style="list-style-type: none"> 2.0 – B(1a, 1b, 1e) 2.0 – C(1a-1c, 2a) 2.0 – E(1c)

	<ul style="list-style-type: none"> • Design ads that encourage healthy choices and a drug-free lifestyle for young people <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a) - 7.0 – A(1a-1e) • Design and produce Making Healthy choices handbooks <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(2a) - 4.0 – A(7a-7e) • Use the Internet to gather information about drug issues <ul style="list-style-type: none"> - 2.0 – A(1a) - 4.0 – A(7a-7e) 	<ul style="list-style-type: none"> • Examine the impact of dependence on the user, the family and the community <ul style="list-style-type: none"> - 2.0 – B(1a, 1c) - 2.0 – C(1a-1c) - 2.0 – E(1c) • Examine laws and penalties related to drug use <ul style="list-style-type: none"> - 2.0 – B(1e) - 2.0 – C(2a) - 2.0 – E(1c) • Create a "My Dreams for the Future" collage <ul style="list-style-type: none"> - 1.0 – B(1a, 1c) - 1.0 – H(7a, 7b) - 1.0 – I(1c, 1e) • Design ads that encourage healthy choices and a drug-free lifestyle for young people <ul style="list-style-type: none"> - 2.0 – B(1f) - 2.0 – C(2a) - 2.0 – E(1c) • Design and produce Making Healthy Choices handbooks <ul style="list-style-type: none"> - 3.0 – A(1a, 1b)
--	--	--

LIONS QUEST Skills for Adolescence

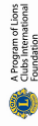
Connections with Maryland Learning Standards

Activities	English Language Arts (1) National Standards 1, 3, 4, 5, 6, 7, 8, 12	Social Studies (2) National Standards 1, 2, 4, 7	Health Education/ Family & Consumer Science (3) National Standards 1, 2, 3, 4, 5, 6, 7
<ul style="list-style-type: none"> • Lesson 1: Getting Started 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a-1c), listening • 7.0 – A(1a-1e), speaking 		<u>Grade 6</u> <ul style="list-style-type: none"> • 1.0 – C(1a, 1b), personal well-being <u>Grade 8</u> <ul style="list-style-type: none"> • 1.0 – I(1a), importance of setting goals
<ul style="list-style-type: none"> • Optional Lesson: Research on the impacts of specific drugs 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a-1c), listening • 7.0 – A(1a-1e), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 6.0 – D(2a-2c), conduct a school survey to assess student attitudes about tobacco use • 6.0 – D(2a-2c), research and report on the impacts of specific drugs 	<u>Grade 6</u> <ul style="list-style-type: none"> • 2.0 – B(1a, 1b), tobacco <u>Grade 7.8</u> <ul style="list-style-type: none"> • 2.0 – C(1, a 1b) • 2.0 – E(1a), marijuana
<ul style="list-style-type: none"> • Lesson 2: Identifying the Problems and Resources 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 2.0 – A(1a), Internet research • 4.0 – A(2e), journaling • 4.0 – A(7a-7e), locate/use information • 6.0 – A(1a-1c), listening • 7.0 – A(1a-1e), speaking 	<u>Grades 6.7.8</u> <ul style="list-style-type: none"> • 6.0 – D(2a-2c), conduct a school survey to assess student attitudes about tobacco use • 6.0 – D(2a-2c), research and report on the impacts of specific drugs 	<u>Grade 8</u> <ul style="list-style-type: none"> • 2.0 – c(1c), alcohol recovery supports

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 3: Deciding on a Drug Prevention Project 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 6.0 – D(2a-2c), conduct a school survey to assess student attitudes about tobacco use 6.0 – D(2a-2c), research and report on the impacts of specific drugs 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – B(1), C(1), E(1), problems associated with tobacco, alcohol, marijuana
<ul style="list-style-type: none"> Lesson 4: Planning for Positive Action 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a), Internet research 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<p><u>Grade 8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), components of personal well-being 1.0 – I(1a-1e), personal goals
<ul style="list-style-type: none"> Lesson 5: Carrying Out the Project 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(a), preparing presentations 4.0 – A(2e), journaling 4.0 – A(7a-7e), locate/use information 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		
<ul style="list-style-type: none"> Lesson 6: Reflecting On, Demonstrating, and Celebrating Project Results 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none">• A Family forum for Adolescents and Adults: Talking Together about Drug Prevention	<p>Grades 6.7.8</p> <ul style="list-style-type: none">• 4.0 – A(2a), preparing presentations• 4.0 – A(2e), journaling• 6.0 – A(1a-1c), listening• 7.0 – A(1a-1e), speaking		<p>Grades 6.7.8</p> <ul style="list-style-type: none">• 1.0 – A(1a-1c), communication

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1) National Standards 1, 2, 3, 5, 6, 7, 8, 12	Social Studies (2) National Standards 2, 4	Health Education/ Family & Consumer Science (3) National Standards 6
<p>Unit 7 – Setting Goals for Healthy Living</p> <ul style="list-style-type: none"> Lesson 1: The Path of My Life – Look Ahead 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1), communication <p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – D(1a, 1b), decision making <p><u>Grade 8</u></p> <ul style="list-style-type: none"> 1.0 – I(1), setting personal goals
<ul style="list-style-type: none"> Lesson 2: Positive Role Models 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a, 1b), readings on positive role models 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1), communication
<ul style="list-style-type: none"> Lesson 3: Ingredients of Success 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 2.0 – A(1a, 1b), readings/Internet research on positive role models 4.0 – A(7a-7e), locate/use information 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.7.8</u></p> <p>1.0 – A(1), communication</p>

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> • Lesson 4: Growing by Setting Goals – Part 1 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a, 1b), readings/Internet research on positive role models • 4.0 – A(7a-7e), locate/use information • 4.0 – A(2e), journaling 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 1.0 – D(1a, 1b), decision making <p><u>Grade 8</u></p> <ul style="list-style-type: none"> • 1.0 – I(1), setting personal goals
<ul style="list-style-type: none"> • Lesson 5: Growing by Setting Goals – Part 2 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a, 1b), readings/Internet research on positive role models • 4.0 – A(7a-7e), locate/use information • 4.0 – A(2e), journaling 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> • 1.0 – D(1a, 1b), decision making <p><u>Grade 8</u></p> <ul style="list-style-type: none"> • 1.0 – I(1), setting personal goals
<ul style="list-style-type: none"> • Lesson 6: Profiles in Courage – Trying, Overcoming Challenges, and Starting Again 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a), reading/Internet research on courage • 4.0 – A(7a-7e), locate/use information • 4.0 – A(2e), journaling • 6.0 – A(1), listening • 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 1.0 – B(1a), emotions and behavior • 1.0 – D(1b), decision making • 1.0 – E(1a), develop strategies to incorporate positive character traits
<ul style="list-style-type: none"> • Lesson 7: Looking Forward 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a), reading/Internet research on courage • 4.0 – A(2e), journaling 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> • 1.0 – A(1a-1c), communication

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<ul style="list-style-type: none"> Lesson 8: My Story: Twenty Years from Now 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1), listening 7.0 – A(1a-1e), speaking 		<p><u>Grade 6</u></p> <ul style="list-style-type: none"> 1.0 – D(1a, 1b), decision making <p><u>Grade 8</u></p> <ul style="list-style-type: none"> 1.0 – I(1), setting personal goals 1.0 – E(1a), develop strategies to incorporate positive character traits
<ul style="list-style-type: none"> Lesson 10: Service-Learning Project: Reflection, Demonstration, Celebration 	<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 4.0 – A(2e), journaling 6.0 – A(1a-1c), listening 7.0 – A(1a-1e), speaking 		<p><u>Grades 6.7.8</u></p> <ul style="list-style-type: none"> 1.0 – A(1a-1c), communication
<p>Applications Across the Curriculum</p>	<ul style="list-style-type: none"> Read books about people who act with courage and resilience <ul style="list-style-type: none"> 2.0 – A(1a, 1b), Write poems about the purpose and goals of inanimate objects <ul style="list-style-type: none"> 4.0 – A(2b, 3b) Create a story of success <ul style="list-style-type: none"> 4.0 – A(2a, 3b) Write a plan for the future for a person from the past <ul style="list-style-type: none"> 2.0 – A(1a) 4.0 – A(2a, 3b) 	<ul style="list-style-type: none"> Examine a current event for challenges and unexpected events <ul style="list-style-type: none"> 6.0 – C(2a-2f) 6.0 – G(2c) Study the commitment and discipline required to bring about social change <ul style="list-style-type: none"> 5.0 – A(1a) 6.0 – C(2a-2f) 	<ul style="list-style-type: none"> Experience a ropes course to develop a sense of purpose and accomplishment <ul style="list-style-type: none"> 3.0 – A(1b)

LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

		<ul style="list-style-type: none">• Research an athlete who has worked diligently to achieve success<ul style="list-style-type: none">- 2.0 – A(1a)- 4.0 – A(7a-7e)• Create computer-generated posters displaying motivational quotes about reaching for your hopes and dreams<ul style="list-style-type: none">- 2.0 – A(1a)- 4.0 – A(3b)- 4.0 – A(7a-7e)• Create business-size cards with reminders for today and tomorrow<ul style="list-style-type: none">- 2.0 – A(1a)- 4.0 – A(3b)- 4.0 – A(7a-7e)	
--	--	---	--



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

Activities	English Language Arts (1)	Social Studies (2)	Health Education/ Family & Consumer Science (3)
<p>SUMMING UP: Developing Your Potential</p> <ul style="list-style-type: none">Review the key skills taught in the program.Describe how specific skills, knowledge, and positive attitudes learned in the program build self-confidence and strengthen relationships.Identify ways each person contributed to the class during the course.Review the ways that participating in the program has made a positive difference in the lives of students and others in the school and community.	<p><u>National Standards</u> 5, 6, 12</p> <p><u>In Maryland</u></p> <ul style="list-style-type: none">4.0 – A(2e), journaling6.0 – A(1a1g), listening7.0 – A(7a-7e), speaking	<p><u>National Standards</u></p> <p><u>In Maryland</u></p>	<p><u>National Standards</u> 5, 6</p> <p><u>In Maryland</u></p> <ul style="list-style-type: none">1.0 0 A(1a-1c), communication

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.



LIONS QUEST Skills for Adolescence

Connections with Maryland Learning Standards

SERVICE-LEARNING

- To apply academic knowledge and interactive skills to address important school and community needs.
- To discover new interests and abilities.
- To work cooperatively and take leadership roles.
- To reinforce the value of caring about and helping others.

Depending on the project selected:	Depending on the project selected:	Depending on the project selected:
<p><u>National Standards</u> 1, 2, 7, 8, 12</p> <p><u>In Maryland Grades 6,7,8</u></p> <ul style="list-style-type: none"> • 2.0 – A(1a, 1b), readings/Internet research on service-learning issue/topic • 4.0 – A(7a-7e), locate/use information related to service-learning issue/topic • 4.0 – A(2e), journaling • 6.0 – A(1a1g), listening • 7.0 – A(7a-7e), speaking 	<p><u>National Standards</u> 1, 2, 4, 5, 6, 10</p> <p><u>In Maryland Grades 6,7,8</u></p> <ul style="list-style-type: none"> • 6.0 – D(2a-2c), research and report on service-learning issue/topic • 6.0 – G(1b) 	<p><u>National Standards</u> 2, 4, 7</p> <p><u>In Maryland Grades 6,7,8</u></p> <ul style="list-style-type: none"> • 1.0 – B(1a), C(1a, 1b), D(1a), G(1a-1d), mental and emotional health • 2.0 – A, B, C, E, alcohol, tobacco, and other drugs • 3.0 – A(1a-1b), personal health • 4.0 – A, C, D, E, G, H, family life and sexuality • 5.0 – safety and injury prevention • 6.0 – nutrition and fitness • 7.0 – disease prevention and control

References:

1. *National Council of Teachers of English and International Reading Association Standards for English Language Arts; Maryland Standards for Reading*
2. *National Council for the Social Studies Curriculum Standards, National Council on Social Studies; Maryland Standards for Social Studies*
3. *National Standards for Health Education, Centers for Disease Control and Prevention; Maryland Standards for Health*

For Educator Use: Please refer to specific standards for each course of study when aligning your curricular map. Organizational websites for each reference given are at the end of this document. Visit us at www.lions-quest.org for more information and resources.